



**SPECIAL OFFER**  
**for the year of 2022!**

**You can purchase a  
one-hour, private  
Health Coaching Session with  
me for only \$45!\***  
**This is a 40% discount from the  
regular rate.**

I want to make my health and nutrition  
counseling services accessible, available and  
affordable for my regular and loyal students.

**This price is a special one for my MONTHLY MEMBERS only.\*You can become a MONTHLY MEMBER - see information below.**

**\*How to become a MONTHLY MEMBER and have access to this special deal:**

**Purchase an UNLIMITED CLASS PASS for one month for \$125 which includes:**

- 1) a month of Unlimited Online Qi Gong Classes (priced at \$80) and**
- 2) a private, online, 1-on-1, customized Health Coaching Session with me over Zoom.**

**PLEASE NOTE THE FOLLOWING:**

- **If you purchase the special "YEAR of YOU" package for the month, you will be able to attend all of the Qi Gong classes scheduled in the month.**
- **Your 1-hour Health and Nutritional Coaching Session will take place within 45 days of the date of purchase. Sessions will be private and conducted via Zoom.**
- **You will have to complete and submit a health history questionnaire prior to the meeting. Only choose this option if you will be available to meet with me within 30-45 days.**
- **This special price will be available to you anytime in 2022 so plan ahead, choose the month when you would like to meet with me, and purchase this option at that time.**
- **You only have to pay the \$125 price ONCE to get a one-hour Health Coaching session with me (a Certified Health and Nutrition Coach) plus one month of Unlimited Qi Gong Classes.**

- **This deal is good for the entire year of 2022. So all you have to do is decide which month(s) you would like to meet with me, and that is the month(s) you pay \$125.**
- **There is no limit to how many Health Coaching Sessions you may purchase at this reduced price in "2022 - the YEAR of YOU". Each session will cover one health project. If you have multiple health concerns, you will need to purchase multiple sessions.**