



ALL THAT  
*Matters*

yoga + holistic health centers

*Inner peace leads to  
world peace and that is  
all that matters.*

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LOCATIONS

315 Main Street  
South Kingstown, RI

63 Cedar Avenue  
East Greenwich, RI

128 N. Main Street  
Providence, RI

www.allthatmatters.com



Questions?

Contact: yoga@allthatmatters.com • 401.782.2126

APPLICATION

ANUSARA® SCHOOL OF HATHA YOGA 200-HOUR YOGA TEACHER TRAINING WITH SARA DAVIDSON FLANDERS

Welcome to another step in the amazing journey of yoga! Immerse yourself in the rich traditions and methodology of yoga and develop the skills and confidence to share this with others. We wish you much success as you explore, expand, and get certified!

This 6 month training runs January 12, 2019 – June 16, 2019 and takes place over 12 required weekend intensives. Complete attendance at all weekend modules is mandatory, and all requirements must be fulfilled for certification.

TRAINING DATES AND HOURS:

**DATES:** Jan 12–13, Jan 26–27, Feb 9–10, Feb 23–24, Mar 9–10, Mar 23–24, Mar 30–31, Apr 13–14, Apr 27–28, May 11–12, Jun 1–2, Jun 15–16

**HOURS:** Saturdays, 12pm–8pm; and Sundays 11:15am–6pm.

*All training weekend sessions are held at our Providence location.*

Name:	Date of Birth: ____ / ____ / ____
Mailing Address:	
Email:	
Phone:	
Emergency Contact:	Relationship:
Phone:	
Referred by:	

TOTAL TRAINING COST \$2,700

*Payment plans are available, see options on the next page.*

TO APPLY

Email your application to [yoga@allthatmatters.com](mailto:yoga@allthatmatters.com), including:

1. This completed form. *Hint: Save the completed application with your last name appended to the filename*
2. Answers to application questions on pages 2–3

Please note that certification is not guaranteed and is dependent upon completion of all requirements to the satisfaction of Sara Davidson Flanders.

## PAYMENT OPTIONS

After acceptance, a \$500 deposit is required to hold your space in the training.

1. **Pay in Full:** Remaining tuition of \$2,200 due by December 28, 2018.
2. **Payment Plan:** Remaining tuition of \$2,300 (includes \$100 payment plan fee) split over 6 payments as follows:
  - a. First payment of \$1,000 to complete enrollment in the training is due by December 28, 2018.
  - b. The remaining balance of \$1,300 to be paid in 5 installments of \$260 due on the 15th of the month from January through May 2019.
  - c. A valid credit card must be on file at All That Matters and above payments will be charged automatically on the dates indicated.
3. Please contact [morgan@allthatmatters.com](mailto:morgan@allthatmatters.com) or at 401-782-2126 x16 to complete enrollment and make payment arrangements. Customized payment plans will be considered.
4. Tuition must be paid in full before receiving certification.

## REFUND POLICY

**Any request for refund must be submitted in writing to All That Matters.**

- If you decide not to participate and inform All That Matters in writing 15 days prior to the first session, you will receive a full refund on tuition paid.
- If you withdraw from the training within 2 weeks of the scheduled start date, \$500 of the tuition is non-refundable.
- If you withdraw from the training within 24-hours of, on, or after the start date, a minimum of \$1,500 of the tuition is nonrefundable. Any additional amount due/refundable will be calculated and prorated based on the withdrawal date.
- No refunds or credit will be issued for training sessions canceled/postponed for inclement weather. Every effort will be made to reschedule such training sessions.

## PLEASE ANSWER THE FOLLOWING QUESTIONS:

1. Why have you chosen to take this training at this time in your life?

2. Have you taken an Anusara® 100-Hour Immersion OR Anusara® 200-Hour Yoga Teacher Training before?  
If yes, please list teacher, date of completion, and location of program.

3. What is your background and experience with yoga? Include how long you have been practicing, how often you practice, and examples of what your yoga practice consists of?



4. How has your yoga practice personally affected your life?

5. How would you rate your overall health?

6. What personal experiences/qualities do you possess that would support your success as a yoga teacher?

7. Do you have experience with other movement and/or meditation forms? If so, which?

8. What is your educational and professional background outside of yoga?

9. What do you wish to take away from this journey?

10. Do you have any concerns or questions?

