

Good News!



Mammograms * Flu Shots
Blood Drive

CRCIL

Friday, September 21, 2018

**Community
Health Fair**



SEE FOLLOWING ATTACHMENTS FOR ADDITIONAL INFORMATION

Christus Trinity Mother Frances – Ross Breast Center

The Ross Breast Center Mobile Mammography will be at the Crockett Resource Center for Independent Living's (CRCIL) Community Health Fair on Friday, September 21st, 2018. The fair will be held at the Crockett Civic Center, 1100 Edmiston Drive in Crockett, Texas from 10:00 a.m. to 1:00 p.m.

- Mobile mammography is for patients who are experiencing NO BREAST Problems. Patients with new lumps, breast discharge, or pain cannot be seen.
- Patients must be able to climb/descend steps on mobile unit without assistance.
- Patients must be at least 35 years of age.
- Patients with breast implants should be scheduled in two (2) consecutive slots.
- Patient must have a daytime phone number where they may be reached.
- Patient must provide a physician who can receive their report (a Physician Assistant or Nurse Practitioner is acceptable).
- In order to obtain comparison films, the name of the facility where the patient's last mammogram was performed must be provided.

The number of mammograms that can be screened in one day is limited so it is important to call Ross Breast Center as early as possible at 903-606-5433 to schedule the appointment.

Christus Trinity Mother Frances Health System accepts and files on most insurances including Medicare, Medicaid, and other third-party insurance. Patients must bring photo ID and insurance cards with them to the appointment. **Funding is also available to cover women who do not have insurance and they may contact Ross Breast Center at North Park in Tyler at 903-606-5433 to make application.**

Community Health Fair Flu Shots

Crockett Resource Center for Independent Living (CRCIL) will host their ninth annual Community Health Fair on Friday, September 21st, 2018. The fair will be held at the Crockett Civic Center, 1100 Edmiston Drive in Crockett, Texas from 10 a.m. to 1:00 p.m.

Walgreen's of Palestine will administer a limited amount of flu shots at no charge for individuals 7 years of age to adult. Individuals receiving Medicare can present their Medicare card to receive a free flu shot. Individuals with Houston County medical insurance can present their insurance card to receive a free flu shot as well.

For more information, contact CRCIL at 936-544-2811.

Carter Blood Drive

The Crockett Resource Center for Independent Living (CRCIL) will be hosting the yearly Community Health Fair on Friday, September 21st, 2018. The event will be held at the Houston County Civic Center, 1100 Edmiston Drive in Crockett, Texas from 10:00 a.m. to 1:00 p.m.

Carter BloodCare will be conducting a community blood drive. Individuals planning to donate blood need to be aware of the following basic donor guidelines:

- Must be at least 17 years of age and in good general health; there is no upper age limit
- Minimum weight of 110 pounds
- Must have completed antibiotics 24 hours after the receipt of last dose
- Donor may take blood pressure medication and have no cardiovascular symptoms
- Donor may take cholesterol medication
- Diabetics may donate if controlled by oral medication and diet

For more information or to register as a donor, contact CRCIL, 936-544-2811.