You may begin to see results in the next 2-3 days; however, maximum effectiveness of your treatment may not be for 2 weeks. Typically, your results will last approximately 3 months.

Specific results will vary from person to person.

Do not lie down or bend over for approximately 4 hours following your treatment.

Avoid any massage or direct pressure to treatment area for 2 weeks. Avoid hats and visors for 2 weeks.

Refrain from heavy exercise for 24 hours after treatment. Any exercise that does not make you sweat is okay.

Avoid make-up or skin care products on the areas you had injections for 12 hours.

Contracting and relaxing the muscles treated periodically for the first hour after treatment may help absorption of the Botox into your muscles.

Avoid consuming alcohol, Motrin, Ibuprofen, Advil, Aleve, Naproxen, Aspirin, Vitamin E and Fish Oil for 24 - 72 hours before and after your treatment. If these are not avoided, your risk of bruising is greatly increased.

Avoid UV exposure until all redness has subsided. Avoid extreme cold and heat exposure for 48 hours after injection.

Wait at least 2 weeks before receiving any skin care treatments to treated areas.

Short term side effects of Botox may include discomfort, bruising, redness, or irritation at the injection site. A mild headache is experienced by some people.

Should you develop chest pain, difficulty breathing or swallowing, lip or tongue swelling, or other life-threatening symptoms, call 911 immediately.

Contact us by calling 770-212-2242 or emailing info@dermanimedspa.com with any questions or concerns.