



FRANCISCAN  
SISTERS  
OF LITTLE FALLS  
MINNESOTA

NOVEMBER 7, 2018

# Community News

## Mission San Rafael, Mexico

*Sister Mary Dumonceaux*

First Eucharist for two men, Hector and Palo, is cause for celebration in the parish of San Rafael Archangel. Sister Mary Dumonceaux was catechist and Helena was godmother for Hector (center) while Diana (far right) was catechist and Betty was godmother for Palo.

This photo reveals many forms of communion. Diana is fiancé to Palo and they were married October 20. Diana and Betty are close friends and professional colleagues



*(submitted photo)*

as nurses at our local clinic. Last year, Diana also lived with the sisters at Casa Franciscana and was evening supervisor for the students in our house. This school year, Betty is evening supervisor for our students. Their nursing skills have also greatly improved the health of the young women who live with us. Hector is a professor of computers at the high school where our students attend. He and his wife Karla have three young children. Their eldest, a girl, just began kindergarten at school and religion classes at church. We hope these two couples will continue to grow in the community and become the new generation of leaders. Helena herself became very active as sacristan at our parish when her husband died. She is one of many women whose husbands don't want to be married in the church and don't want their wives active outside the home. Helena lived her marriage in these limited parameters, and did so quite successfully. But she has a new joy in life now, being able to receive communion and to dedicate her life to church service.

The focus of my ministry in San Rafael is to grow a community of adults steeped in their faith and full of desire to serve.

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*Living the Gospel courageously . . . with energy, spirit, peace.*

# Give to the Max Day . . . we need your help!

*Elizabeth Rydeen, CRD*

Sisters, thank you so much for being such good sports and participating in the promotional videos at the beginning of last month's community meetings to promote Give to the Max Day. The singing of the blessing is precious. The big day is November 15 and excitement is already building. We have over 18 scheduled donations. With matching funds these gifts total over \$11,000—well on our way to our \$54,000 goal.

We appreciate your help in spreading the word about Give to the Max and this fun campaign to raise money for our Franciscan ministries. Donating online appeals to a younger generation, an audience we are really trying to reach. If you'd like to send out a postcard or two inviting donations, please see Amanda in CRD. Also, GiveMN.org is celebrating the 10th anniversary of Give to the Max with additional prizes and incentives. We have a script and beautiful images that tell our story. It's worth a look: GiveMN.org. Thank you so much for helping us spread the word!



## ‘When the student is ready the teacher will appear.’ —Buddha

*Elizabeth Rydeen, CRD*

English students were READY! Since September 5, 2017, two students have been ready, and Sister Ange Mayers appeared . . . to receive them. Azul and Cielo had heard from their aunt,



Reyna, that they could improve their English with help from a tutor. Twice a week, Sister Ange tutors them at Casa Franciscana in San Rafael, Mexico. When 13-year-old Azul was asked why she wanted to improve her English she replied, “I want to become a doctor.” Sister Ange also tutors once-a-week students Reyna, Dennis and Betty, all staff members at Casa Franciscana.

*Sister Ange Mayers tutors 11-year-old Cielo.  
(submitted photo)*



# SFMC receives \$1,000 grant from U.S. Bank

Jan Roering, CRD

“Through U.S. Bank’s Community Possible giving program focused on closing the gap between people and possibility in the areas of Work, Home and Play, we are excited to give St. Francis Music Center, Little Falls, a \$1,000 grant. U.S. Bank believes in the power of play and



its ability to bring joy, to help develop problem-solving skills, creativity and relationships and to build social and emotional learning,” said U.S. Bank’s Lori Rebischke.

*(L to R): Sister Carolyn Law, Robyn Gray and Elizabeth Rydeen; Caroline Wadman and Lori Rebischke of U.S. Bank in St. Cloud and Little Falls, respectively.*

## Advent Day of Reflection

Franciscan Life Center

The public is invited to attend an Advent Day of Reflection entitled, *Receiving Life as a Gift*, on Saturday, December 1, 9:30 a.m.–3 p.m., in St. Francis Hall.

G. K. Chesterton said, “Everything looks better when it looks like a gift.” Who knew this better than Saint Francis of Assisi? He understood that everything that is, is given by God. Advent is a season that calls us to enter more deeply into our hearts and find there the emptiness that God is just waiting to fill. Talks, personal reflection and small group sharing will help participants explore their own sense of being gifted by the God who is always on the way to us.

Sister Elise Saggau will be the presenter. Suggested donation: \$15. Lunch is included. For more information, or to **register by November 22**, contact the Franciscan Life Center at (320)632-0668 or franciscanlife@fslf.org.

## Van donated!

Sister Cordy Korkowski, CRD

You may see a white Dodge Caravan on campus. Lucky for us, it is a donated handicap accessible van, complete with a ramp. It was donated to the Franciscan Sisters by the family of Jack Zangs, brother of Sister Pat Zangs. Jack passed away on July 28, 2018. It was delivered in October by Jack’s son, Bill. Bill and Judi Zangs were treated to a wonderful meal at Sister Pat’s house at the end of the day. We are also grateful to Marie Foreman, daughter of Jack, who represented the family in this transaction and Bill and Judi, who brought it to our campus for our use. Thank you for this generous gift.

### REQUEST

I’m wondering if anyone has a Spanish verb book they no longer need. I would very much appreciate it. Thanks, Sister Ruth Lentner

## Look for green dry cleaning

You're bound to have a few items around the house that can't be laundered in your wash. If you've ever taken your clothes to a professional dry cleaner, the likelihood that they were cleaned with dangerous chemicals is quite high. Fortunately, there are ways to clean clothes bearing a "Dry Clean Only" label without harming workers, putting toxic chemicals into the environment, or bringing dangerous chemicals into your home.

### Are your clothes full of perc?

According to the Occidental College's Pollution Prevention Center, 85% of the more than 35,000 dry cleaners in the United States use perchloroethylene (or perc, for short) as a solvent in the dry cleaning process. Perc is a synthetic, volatile organic compound (VOC) that poses a health risk to humans and a threat to the environment.

### What are your green options?

The good news is that there are nontoxic cleaning alternatives that are just as effective as dry cleaning with perc. Two alternatives rise to the top in terms of environmental and health impacts—professional wet cleaning and liquid carbon dioxide (CO<sub>2</sub>) cleaning.

- **Professional wet cleaning** is a safe, energy-efficient method of cleaning "Dry Clean Only" clothes that uses water as a solvent—rather than chemicals—with a combination of special soaps and conditioners. The key lies in knowing the pH level of the stain and treating the stain accordingly. Although it does produce some waste water, it produces far less than dry cleaning.
- **Liquid carbon dioxide cleaning** is a method that uses pressurized liquid CO<sub>2</sub> in place of perc. CO<sub>2</sub> is a nonflammable and nontoxic gas that occurs naturally in the environment. It becomes a liquid solvent under high pressure. In this process, clothes are placed in a specialized machine, which is emptied of air. The pressure in the chamber is raised by injecting gaseous CO<sub>2</sub> and then liquid CO<sub>2</sub> is pumped into the mix. Clothes are rotated in a cycle that lasts 5-15 minutes at room temperature. The liquid CO<sub>2</sub> dissolves dirt, fats and oils in the clothing. At the end of the cleaning cycle, the liquid CO<sub>2</sub> is pumped back into the storage tank to be reused again, if possible. The remaining CO<sub>2</sub> is released in the air. While CO<sub>2</sub> is a main greenhouse gas, no new CO<sub>2</sub> is generated with this technology, so it does not contribute to global warming. Liquid CO<sub>2</sub> companies recapture the CO<sub>2</sub> that's already a by-product of several manufacturing processes, and they then recycle it into the liquid solvent for cleaning clothes.



# St. Cloud Diocesan Mass of Thanksgiving is November 8 as part of National Vocation Awareness Week

*Sister Michelle L'Allier, Franciscan Life Center*

The Diocese of St. Cloud is sponsoring a Mass of Thanksgiving for Vocations at the Cathedral on Thursday, November 8, at 7 p.m. Sister Ruth Lentner and Associate Connie Lacher will be two readers for the Mass. If you are interested in going, the Mass and reception that follows will be held in the lower church. Area religious communities plus the diocese will have materials out for browsing and visiting. If you are in Little Falls and wish to ride with Sister Ruth, please sign up in the Franciscan Room or contact her directly.

The Mass will be held as part of National Vocation Awareness Week (NVAW). This annual week-long celebration of the Catholic Church in the United States is dedicated to promote vocations to the priesthood, diaconate and consecrated life through prayer and education, and to renew our prayers and support for those who are considering one of these particular vocations. In the celebration of NVAW, November 4-10, we can ask ourselves anew, "How am I being called to respond to the love of God in my life?" In living out the two-fold call to love God and to love our neighbor, we come to know God's will for our lives. May this bring us God's gift joy!

Sisters, if you are able to donate a pan of **uncut** bars to the Harvest Supper, please take them to the Convent Bakery by **Friday, November 9**. Please encourage your friends and family to attend!

## DONORS OF THE DAY

### NOVEMBER

- 7 Bernice Banish (Forman, N. Dak.)
- 7 Sharon Boerner (Maple Grove)
- 8 Gordon & Bonnie Barbeln (Albertville)
- 8 Faye Boser (Little Falls)
- 9 Stacy & Carol Barbour (Hopkins)
- 9 Joseph & Monica Brandl (Reno, Nev.)
- 10 Dennis & Cathy Bray (St. Paul)
- 10 Gordon & Mary Ann Vogel Bartholomay (Fargo, N. Dak.)
- 11 Dick & Luanne Beyreuther (Aitkin)
- 11 Susan Wentland (Little Falls)
- 12 John & Diane Brinkman (Centerville)
- 12 Mary Constance Crane (St. Cloud)
- 13 Jerome & Anna Bursch (Zimmerman)
- 13 Dennis & Mary Czech (Little Falls)
- 14 Dewey & Anne Clark (Troy, Mich.)
- 14 Jeffrey & Sarah Balinskas DeBevec (Houston, Tex.)
- 15 John & Opal Collins (Burnsville)
- 15 Allen & Phyllis Dehn (Maple Grove)
- 16 Tom & Molly Cotton (Thornton, Colo.)
- 16 Fidelis Dierkes (Princeton)
- 17 Ron & Marilyn Crandell (St. Cloud)
- 17 John & Judy Dinsmore (Fergus Falls)
- 18 Michael & Mary Clark (Anoka)
- 18 Janet Dolan (St. Cloud)
- 19 John & Sandra Doman (St. Cloud)
- 19 James & Bev Ebner (Cameron, Wis.)
- 20 Brian & Brenda Donnay (St. Joseph)
- 20 Bernard Ferche (Rice)
- 21 Dr. Joseph & Jacqueline Doty (Little Falls)
- 21 Phil & Mary Ann Force (Little Falls)
- 22 Troy & Donna Field (Browerville)
- 22 Donald Thull (Minneapolis)
- 23 Juliana Fernandez (Traverse City, Mich.)
- 23 Jerry & Pat Fredricksen (White Bear Lake)
- 24 Scott & Sheila Gardner (Flensburg)
- 24 Greg & Vicki Spofford (Little Falls)
- 25 Edward & Elizabeth Clark (Fargo, N. Dak.)
- 25 Jerry & Mary Geerdes (Northome)
- 26 Mildred Gibbard (Sartell)
- 26 Charles & Carole Hamilton, III (Bonita, Calif.)



# Briefly

## FROM DEATH TO LIFE WE PRAISE GOD IN...

Sister Eileen Kosel, who died October 28 at the age of 90.

John Capizzo, who died October 31 at the age of 82. He is a brother of Sister Mary Ann Capizzo.

Paul Dirkes, who died November 3 at the age of 68. He is a brother of Sister Julien Dirkes.

## PLEASE PRAY FOR...

Sister Jeanette Quinn, who has been having fluid and inflammation around her heart.

Sister Rosaria Hagel, who is recovering from a hospital stay.

Sister Bea Eichten's sister, Lois, who was admitted to the hospital with congestive heart failure.

George Rodak, who is recovering from a broken hip. His recovery is going slowly and he is developing an ulcer on his other leg. He is Sister Irenemaree Rodak's father.

Barbara Brake, who is recovering from shoulder surgery. She is a sister-in-law of Sister Helen Ann Brake.

Sister Carol Virnig's sister, Gerri, who had some medical procedures to continue treating a chronic illness.

Matt Bauer, who is recovering from surgery to install a pace maker. He is a brother of Sister Louise Bauer.

Alan Bauer, who is having triple bypass surgery. He is a nephew of Sister Louise Bauer.

## DEATH ANNIVERSARY

November 18 is the one-year death anniversary of Sister Mary Amy Schreiner. Please remember her family and friends in your prayers.

## UPCOMING EVENTS

November 10 ..... Franciscan Harvest Supper, 4:30-7 p.m.  
November 12-14 ..... Gift Shop Christmas Open House, 9 a.m.-5 p.m.  
November 15 ..... Centering Prayer and Lectio Divina, 6-7 p.m.  
November 22 ..... Thanksgiving Day Mass, 8:30 a.m.  
December 1 ..... Advent Day of Reflection, *Receiving Life as a Gift*,  
9:30 a.m.-3 p.m.  
December 6 ..... Taizé Prayer, 6-7 p.m.  
December 7 ..... Community Chorale Christmas Concert, 7 p.m.

## ENCLOSURES

*The Associate*

Letter to Bishop Kettler

Bishop Kettler's Letter of Response

## DIRECTORY CHANGES

The street address for group B28 (in Section B of the directory) should be 8008 Bass Lake Rd #534.

The phone number for Sisters Mary Dumonceaux and Ange Mayers (in Section A), and for group B47 (in Section B), should be 011-52-826-213-2889.

The region for group B41 (in Section B) should be SC instead of LF.

## AVAILABLE CSA ITEMS FROM THE KITCHEN

Horseradish, Potatoes  
Sauerkraut, Squash

## Community News

is published biweekly by the Community Relations Department of the Franciscan Sisters of Little Falls, Minnesota, for its members. News items and suggestions for this publication are welcome from community members. Send to:

*Community News*

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**Articles are due noon Monday.**

*The next newsletter will be issued  
on **November 21, 2018.***