



## Franciscan Welcoming House provides:

**Intentional intergenerational spiritual community** of energy, spirit, and peace for people of all faiths, integrating Franciscan spirituality in daily life. We share meals and prayer together as we engage in our ministries in the world, building each other up and out to serve wholeheartedly.

**Inviting meeting space** for events that encourage reflection and conversations that build bridges and cross divides to offer transformation in the world.

**Safe space for spiritual direction.**

## Host an Event

All are truly welcome here. If you want to host a program at the Welcoming House, please give us a call. We'll discern a fit together.

Call John Lauer at (320) 217-2108 for more information.

## Contact Information

(320) 217-2108 | [whinfo@fslf.org](mailto:whinfo@fslf.org)

1600 11th Ave S, St. Cloud, MN 56301

[www.fslf.org](http://www.fslf.org)



A ministry of

**FRANCISCAN SISTERS**  
OF LITTLE FALLS, MINNESOTA

116 8th Avenue SE, Little Falls, MN 56345



Intentional Community  
Spiritual Direction  
and Meeting Space

1600 11th Ave S, St. Cloud, MN 56301



## Space for Events

The Welcoming House hosts and sponsors events for a variety of groups.

### We offer events and programs to nurture

- ongoing transformation
- simple living
- care of all creation
- social justice and peace
- contemplative prayer

We welcome the tired, joyful, weary, grateful, and more to come share a time of contemplative prayer, a meal and conversation, a work group dreaming new dreams for St. Cloud and the world, or a gathering to decompress and share peace and joy.



## Intentional Intergenerational Community



Starting in 2021, Welcoming House initiated a new way of supporting people on their spiritual journey. Prior to 2021, we provided young adults with an opportunity to live and grow in community for 6 months to a year while serving at St. Cloud area non-profits as they discerned next steps.

Now, the intentional intergenerational spiritual community welcomes people to join in building healthy relationships, nurture reconciliation and develop skills in transforming communities.

Core members commit to 2 years living in the community, sharing meals, prayer, play and work while supporting spiritual formation opportunities to the St. Cloud region. Young adults also continue to be welcomed into our community for a commitment of a few months up to a year. Events like contemplative prayer, nature walks, and other sponsored events spring from the whole community's listening into what is ours to do.

## Spiritual Direction

We offer spiritual direction at the Welcoming House and via Zoom.

***Spiritual Direction supports you in times of:***

- discernment
- transition
- renewal
- loss
- discovery
- a hunger for something more

***Spiritual Direction offers you:***

- attentive listening with a trained director
- safe explorative conversation without attachment to answers
- space to discover your inner wisdom and God's voice in your life



## Interested in Spiritual Direction?

**Call Jamie Deering,**  
(320)632-0680