

April 2023

Nurture your soul with kindness

SUN	MON	TUE	WED	THU	FRI	SAT
						April Fool's Day 1 Make someone smile
Palm Sunday 2 Learn to palm weave	3 Recycle	4 Smile	5 Help clean up a mess	6 Donate food	Good Friday 7 Walk for Peace 9:30am west entrance at St. Francis Convent	Holy Saturday 8 Pray for a kinder world
Easter 9 Bring someone flowers	10 Thank a teacher	11 Let someone go ahead of you in line	12 Car pool	13 Tell someone you love them	14 Volunteer	15 Invite someone over for dinner
16 Live in the present moment	17 Encourage someone	18 Buy a stranger coffee	19 Think positive	20 Give old blankets, sheets and towels to an animal shelter	21 Offer to babysit for someone	Earth Day 22 Pick up trash
23 Forgive someone	24 Be on time	25 Reconnect with an old friend	26 Help a neighbor	27 Schedule an appointment to donate blood visit www.redcrossblood.org	28 Give an extra tip and write an encouraging note along with it.	29 Support a small business
30 Go to a Community event Spring Chorale Concert is at 2PM in Sacred Heart Chapel						



FRANCISCAN SISTERS
OF LITTLE FALLS, MINNESOTA