



# Member Owner-Deals

December 1st - 31st 2018



Produce Department  
Winter Squash  
& Pumpkins

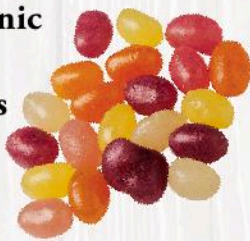
10% Off

Big B's  
Apple Cider  
64 FL OZ

\$1 Off



Bulk Department  
Organic  
Jolly  
Beans



\$12.99/LB

Reg. \$15.99/LB

Deli Made  
BBQ Temeph Wrap



\$8.49/LB

Reg. \$8.99/LB

Fresh Baked  
Ginger Bread



\$2.49

Reg. \$2.99/slice

Terra Chips  
Vegetable  
Chips  
All Flavors



2/\$5

A hearty crunch that will create a memorable gourmet experience each time you open a new bag!

Bulk Department  
Organic Austrian  
Pumpkin  
Seeds



\$7.99/LB

Reg. \$9.99/LB



Natural Factors  
Oil of  
Oregano  
1 oz.

\$16.99

Reg. \$19.99

La Tourangelle  
Walnut  
Oil

Roasted  
250 ML

\$4.99

Reg. \$7.39

A pure, all natural and easy to use oil hand crafted in California.



Natural Factors  
CurcuminRich®  
Theracurmin®  
60 Veg Caps

\$21.99

Reg. \$26.99



**Co-op's Friday Deal**  
**Whole Chickens**  
 Friday's Only



**\$6.99**  
 Reg. \$9.99



**Chocolove Xoxo**  
**Dark Chocolate**  
**Bar**  
 All Flavors  
 3.2 OZ

**2/\$5**

A dark semisweet Belgian chocolate with whole dry roasted almonds and sea salt.



**Natural Factors**  
**Stress-Relax® Pharma**  
**GABA®**

60 tablets

**\$19.99**

Reg. \$23.99



**Biokleen**  
**Natural Dish Liquid**

Citrus Essence w/Soothing  
 Aloe Extract  
 32 FL OZ

**\$4.99**

Reg. \$6.69

Soothes and moisturizes skin, can even be used as a bubble bath.

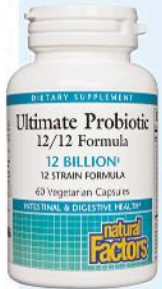


**Bulk Department**  
**Organic**  
**Whole**  
**Pecans**



**\$13.99/LB**

Reg. \$16.99/LB



**Natural Factors**  
**Ultimate Probiotic**  
**12/12 Formula**

60 veg caps

**\$18.99**

Reg. \$23.99

12 Billion 12 Strain  
 Formula



**Biokleen**  
**Automatic Dish**  
**Powder**

32 OZ

**\$7.99**

Reg. \$10.89

Removes tough baked-on-food and grease, while natural oxygen bleach helps rid of stains.

**Bulk Department**  
**Organic**  
**Great**  
**Northern**  
**Beans**



**\$2.29/LB**

Reg. \$2.79/LB



*Great Gift Idea!*  
**Not sure what to**  
**get that special**  
**someone?**  
**A gift card is a**  
**great option!**

**Co-op Monday Deal**  
**Free Small Cup**  
**Of Coffee with**  
**Baked Good**  
**Purchase**



Available Mondays, must purchase a baked good to qualify.

**Whole Grain Milling**  
**Organic**  
**Tortilla**  
**Chips**



**\$3.99**

Our Everyday Low Price!

**Super Nutrition**  
**Simply One**  
**Daily**  
**Vitamin**  
 30 CT



**10% Off**

**Lily Of The Desert**  
**Aloe Vera**  
**Gel & Juice**  
 All Sizes  
 and Varieties



**15% Off**

**Light Mountain**  
**Organic Hair Color**  
**& Conditioner**

4 OZ

**\$6.99**

Reg. \$7.49

Botanical hair color that's safe to use. No harsh chemicals. Great results!

