

# DELI HOT BAR MENU - October 2018

Sunday Brunch	Monday	Tuesday Asian cuisine	Wednesday Indian cuisine	Thursday	Friday	Saturday Brunch
	<b>1</b> Tuna Cakes Corn Fritters (V) Patatas Bravas (V) Brown Rice (V) Steamed Kale (V)	<b>2</b> Chicken Fried Rice Tofu Fried Rice (V) Spicy Cabbage (V) Egg Rolls Brown Rice (V) Steamed Kale (V)	<b>3</b> Cashew butter Tofu (V) Coconut Curry Chicken Indian Spiced Cauliflower (V) Samosas (V) White Basmati Rice (V) Steamed Kale (V)	<b>4</b> Linguini (V) Beef Meatballs Vegan Meatballs (V) Garlic Bread (V) Brown Rice (V) Steamed Kale (V)	<b>5</b> Creamy Ham & Mac Pumpkin baked ziti(V) Roasted Broccoli (V) Garlic Bread (V) Egg Rolls Steamed Kale (V)	<b>6</b> Cinnamon Rolls (V) Red Flannel Hash (V) Scrambled Eggs Punk Rock Tofu Scramble (V) Brown Rice (V) Steamed Greens(V)
<b>7</b> Cinnamon Rolls (V) Red Flannel Hash (V) Scrambled Eggs Punk Rock Tofu Scramble (V) Brown Rice (V) Steamed Greens(V)	<b>8</b> Beef meat Loaf German Potato Salad(V) Mushroom Gravy (V) Caulipots(V) Brown Rice (V) Steamed Kale (V)	<b>9</b> Moo Shu Pork Moo Shu Tofu (V) Spicy Cabbage (V) Egg Rolls White Basmati Rice (V) Steamed Kale (V)	<b>10</b> Goan Beef Goan Tofu(V) Curried Potatoes (V) Samosas (V) White Basmati Rice (V) Steamed Kale (V)	<b>11</b> Chicken a la king Tempeh a la king (V) Homemade Biscuits (V) Seasoned Corn (V) Brown Rice (V) Steamed Kale (V))	<b>12</b> Beef Shepherd's Pie Vegan Shepherd's Pie (V) Steamed Green Beans(V) Garlic Bread (V) Brown Rice (V) Steamed Kale (V) Eggrolls	<b>13</b> Cajun Beans and rice (V) Andouille Sausage Scrambled Eggs Breakfast Potatoes (V) Brown Rice (V) Steamed Greens(V)
<b>14</b> Cajun Beans and rice (V) Andouille Sausage Scrambled Eggs Breakfast Potatoes (V) Brown Rice (V) Steamed Greens(V)	<b>15</b> Creamy Vegetarian Lasagna Vegan Lasagna (V) Roasted Squash (V) Garlic Bread (V) Brown Rice (V) Steamed Kale (V)	<b>16</b> Beef & Broccoli Tofu & Broccoli (V) Bok Choy & Cashews (V) Egg Rolls White Basmati Rice (V) Steamed Kale (V)	<b>17</b> Coconut Curry Chicken Coconut Curry Tofu (V) Roasted Vegetables (V) Samosas (V) Lemon Rice with Cashews (V) Steamed Kale (V )	<b>18</b> Mexican Beef Skillet Mexican Seitan Skillet (V) Spanish Rice (V) Spicy Corn (V) Brown Rice (V) Steamed Kale (V)	<b>19</b> Chicken Nuggets Tofu Nuggets (V) Mashed Potatoes (V) Egg Rolls Wild Rice (V) Steamed Kale (V)	<b>20</b> Huevos Rancheros Enchiladas Black Bean Enchiladas (V) Breakfast Potatoes (V) Oatmeal (V) Brown Rice (V) Steamed Greens (V)
<b>21</b> Huevos Rancheros Enchiladas Black Bean Enchiladas (V) Breakfast Potatoes (V) Oatmeal (V) Brown Rice (V) Steamed Greens (V)	<b>22</b> Salisbury Steak Mushroom Rockefeller (V) Garlic Bread (V) Caulipots (V) Wild Rice (V) Steamed Kale (V)	<b>23</b> Chicken Pad Thai Tofu Pad Thai (V) Roasted Sesame Broccoli (V) Egg Rolls Brown Rice (V) Steamed Kale (V)	<b>24</b> Chicken Tikka Masala Chana Masala (V) Curried Potatoes (V) Samosas (V) White Basmati Rice (V) Steamed Kale (V)	<b>25</b> Mushroom Stroganoff (V) Beef Stroganoff Steamed Green Beans (V) Garlic Bread (V)) Brown Rice (V) Steamed Kale (V)	<b>26</b> Herbed Garlic Roasted Pork Herb Crusted Tofu (V) Potato Wedges (V) Creamed Corn(V) Steamed Kale (V) Brown Rice (V) Eggrolls	<b>27</b> Homemade Biscuits(v) Sausage Gravy Vegan Gravy (V) Breakfast Potatoes (V) Steamed Greens (V)
<b>28</b> Homemade Biscuits(v) Sausage Gravy Vegan Gravy (V) Breakfast Potatoes (V) Steamed Greens (V)	<b>29</b> Homestyle Chicken Homestyle Tempeh (V) Roasted Vegetables (V) Mashed Potatoes (V) Steamed Kale (V) Brown Rice (V)	<b>30</b> General Tso's Chicken General Tso's Tofu(V) Organic Glazed Veggies (V) Egg Rolls Brown Rice (V) Steamed Kale (V)	<b>31</b> Chicken Makhani Daal Makhani (V) Coconut Curried Cabbage (V) Samosas (V) White Basmati Rice (V) Steamed Kale (V)			