

September 1st - 30th, 2018

Think Global - Eat Local

Deli Made
Chicken Rosemary Wrap



50¢
Off Each

Deli Made
Curried Chickpea
Rice Salad



50¢
Off/LB

Deli Made
Tofu Dill
Salad Wrap



50¢
Off Each

Bulk Department
Organic
Red
Lentils



\$1.99/LB

Reg. \$2.49/LB

Bulk Department
Organic
Walnuts



\$11.99/LB

Reg. \$14.99/LB



Gerhard's
Gerhard's
Bratwurst
All Varieties

\$6.49
Reg. \$7.99

An authentic locally made bratwurst
from Minneapolis!

Plainville Farms
Sliced Natural Lunch Meat
Sale Excludes Organic Varieties



50¢
Off Each

Crunchmaster
Multi-Grain
Crackers

All 4.5 OZ Flavors
Gluten Free

\$2.99

Reg. \$3.99



Bulk Department
Peanut
Butter
Covered Pretzels



\$7.49/LB

Reg. \$8.99/LB

Bulk Department
Organic
White
Quinoa



\$2.49/LB

Reg. \$3.49/LB

Gerhard's
Apfelkraut
Sauerkraut

\$6.49
Reg. \$7.99



A locally made traditional European-
style sauerkraut, with a simmered
apple and caramelized onion base.

Gts Kombucha
Organic Kombucha

All Flavors
16 FL OZ

\$2.99

Reg. \$3.99



Divine
Fair Trade
Chocolate Bars
3.5 OZ

2/\$6

Reg. \$3.99



Spry
Chewing
Gum

100% Xylitol
Sugar Free
All Sizes & Flavors



15% Off

Gimme Seaweed Snacks
Organic
Seaweed Snack
Teriyaki
.17 OZ

2/\$3



**Que Pasa
Organic Tortilla
Chips**
16 OZ

2/\$7

This original hand cooked recipe is Gluten and GMO free with no cholesterol.



**Kettle Brand
Organic Potato
Chips**
Organic Varieties
5 OZ

2/\$6

Reg. \$3.69



**Stacy's Pita Chips
Pita Chips**
All Flavors
7.33 OZ

2/\$5



**Real Foods
Organic Corn Thins**
Original
5.3 OZ

2/\$5

Crispbread slices with the great taste of golden sun-ripened corn.

**Miyoko's Creamery
Organic Vegan Butter**

Cultured
8 OZ

\$5.29

Reg. \$8.29



Made with organic coconut oil, this plant-based butter goes perfect with your morning toast.

**Good Karma
Flax Milk**

All Varieties
64 FL OZ

2/\$8

Reg. \$5.39



Flax milk sweetened with vanilla containing only 60 calories.

**Blue Sky
Blue Sky Soda**

Sale Excludes
Organic Flavors
6/12 FL OZ

2/\$6

Reg. \$4.99



A natural soda without high fructose syrup or artificial flavors.

**Larabar
Nutritional
Bar**

All Flavors
1.6 OZ

4/\$5

Reg. \$1.79



**NORDIC
NATURALS**



25% Off
All Gummies



20% Off
Entire Line

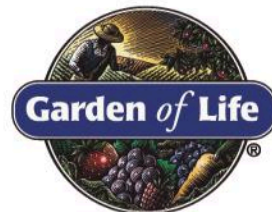


15% Off
Ashwagandha 90 Ct.



**Spry
Anti-Cavity
Toothpaste**
All Varieties
5 OZ

15% Off



20% Off
Protein Powders

**Now
Cocoa Butter**
7 oz.

\$7.49
Reg. \$8.99

