



IBEW MINNEAPOLIS, MN LOCAL 160

213TH EDITION | 1ST QUARTER 2023
NEWSLETTER



A MESSAGE FROM YOUR BUSINESS MANAGER/FINANCIAL SECRETARY

Happy 2023 Brothers and Sisters,

Hard to imagine another year has come and gone. I am excited to report that construction on our new building will begin on January 30th with a completion date some time in May/June, the renovation project is going to be a big task with the installation of an elevator. I will keep everyone posted on the progress.

As many of you have heard, we had a pipe burst in the vacant office next to our rented office space in Becker. The leak went undetected for a few days over the weekend which resulted in our office space having 6 to 8 inches of standing water in it. After days of clean up, the owner of the building decided not to fix any of the damage and notified us that the lease would end. We no longer will be holding membership meetings or doing any business at the Becker location. The January 19th and the February 16th meetings that were scheduled for the Becker location were held at the St. Anthony Hall at 6:30pm. The Executive Board will be discussing the future of the 2nd meeting and making a recommendation moving forward. Stay tuned for updates on this as well.

As this letter goes to publication, Xcel has a tentative agreement going out for vote on February 22nd, count will be held on March 15th.

I look forward to another great year and I would ask that you all stay safe and look after one another.

In solidarity,

Kurt Zimmerman
Business Manager/Financial Secretary

UPCOMING MEETINGS

MARCH

Minneapolis - General Membership

March 2, 2023

6:30PM St. Anthony Union Hall
2909 Anthony Lane, St. Anthony

Becker - General Membership

March 16, 2023

6:30PM St. Anthony Union Hall
2909 Anthony Lane, St. Anthony

Mo Valley - Unit Meeting

March 31, 2023

7:30PM Grand Rapids
300 17th St SE, Grand Rapids, MN

April 25, 2023

7:30PM St. Anthony Union Hall
2909 Anthony Lane, St. Anthony

Please make sure you check our website for meeting cancellations each month.

HALL CLOSURES

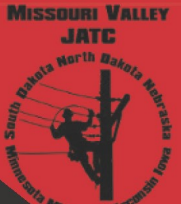
April 7, 2023



Missouri Valley & IBEW L.U. 160

Present: EICA 3rd Party Crane Certification

Written test prep with 3rd party exam



When: May 15-17, 2023

Where: Local 160 Union Hall
2909 Anthony Lane
St. Anthony, MN 55418

Pre-requisites: **Experienced Operators**

Cost: Crane Certification Book \$80

Maximum Class size: **12 people**

Course Length: **2 1/2 days**

Format: **Lecture, Discussion, Audio/Visual**

Exam(s): **Written exams**

Documentation: **EICA 3rd Party Cert. Card**

Card renewal: **5 years**

How To Attend



1. Register Online-

Use QR code or click on link below to register for the class.

Please fill out the entire form.

<https://forms.office.com/r/2FUhHvzJmn>

2. Confirm Registration-

Call Tiffany Chumbley to finalize your registration. You must contact Tiffany to register for the class.

Frequently asked questions

What is this class? The EICA prep class prepares the learner to take the EICA general knowledge, crane, and digger derrick written test. A practical test is required for certification. You have 14 mo. take the practical exam either at our HQ in Indianola, or through your employer.

The practical exam: (not included in this class): Use QR code or visit link below.

<https://youtu.be/H7EOSmeHpmpo>



Who/What is EICA? Use your smartphone camera to watch video, or visit link below.

<https://youtu.be/NT9dhdUJZTM>



****May 1, 2023 will be the last day to cancel the class without being charged (\$275)***

Missouri Valley reserves the right to cancel the class by May 1, 2023 if we don't have enough people to conduct the class.

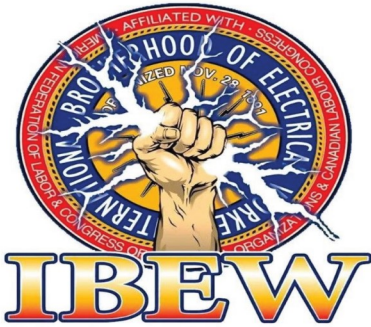


Additional Questions?

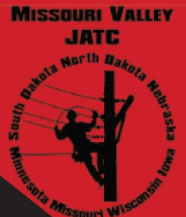
Missouri Valley JATC
Instructor: Leigh Conducy
P#515.802.8660

E: lconducy@movalleyjatc.org





Missouri Valley JATC & IBEW L.U. 160 PRESENT: OSHA 10 ET&D CERTIFICATION CLASS



The OSHA Electrical Construction Industry Outreach training course provides industry wide "best practice" guidelines with the goal of producing training tailored toward employees involved with the construction and maintenance of power transmission and distribution systems.

Topics Discussed

- Introduction to OSHA. How OSHA relates to you as the employee and the employer.
- Electrical safety and how to keep you and your co-workers safe.
- Grounding & Bonding
- Lifting and Rigging
- Personal Protective Equipment
- Pre-Job Briefings
- Trenching and Excavations
- Confined / Enclosed Spaces
- Fall Protection

Focus 4 Modules: Hazard Mitigation

- Electrocution
- Falls
- Struck-By
- Caught-in or between.

Prerequisites: **None**

Min/Max Class Size: **12/40**

Course Length: **2 Full days**

Format: **Lecture, Discussion, Audio/Visual**

Certification: **OSHA 10-hour ET&D Card** Card

renewal: **Quarterly refresher courses**

Fee: **Class is FREE** to all Missouri Valley JATC contributing contractors.

Registered attendees have until May 11, 2023 to cancel or the class without penalty. You will be charged a no call/no show fee of \$275 if miss this deadline.

**The class will be canceled May 11, 2023 if we don't have enough attendees (12). Registered attendees will be notified via email.*

When: May 18-19, 2023

**Where: Local 160 Union Hall
2909 Anthony Lane
St. Anthony, MN 55418**

Class Time:

May 18, 2023 08:00-4:30 P.M.

May 19, 2023 08:00-4:30 P.M.

Step 1: Register @

***https://
forms.office.com/r/
R3WKsjHkLv***



Step 2: Call or Email

Tiffany Chumbley

P: 515.961.5062

E: tchumbley@movalleyjatc.org



Questions? Call Leigh Conducy P:515.802.9660 E:lconducy@movalleyjatc.org

A MESSAGE FROM THE EXECUTIVE BOARD



Hello Brothers and Sisters,

I'd like to talk about IBEW 160 Stewardship. We have a lot of Stewards in our local and I appreciate all the work that each one of you do! You all have a very important role within our local chapter. For our new members, stewardship is a great way to get more involved in the IBEW 160. Although there is no monetary compensation, there is a great deal of pride that comes along with representing our local as a steward. We host workshops at our local that cover everything that you need to know to help you become a good steward. The most important responsibility is to record all crucial information such as work issue, dates and times. Stewards are the eyes and ears of the local members. They often act as mentors for our new members and help them to become familiar with work and safety practices. Communication is very important between stewards and union representatives so that they have the correct information if/when there are any workplace issues.

In closing, thank you again to all of our current IBEW Local 160 Union Stewards - Your time and dedication is appreciated and helps ensure that safe work practices are being followed in order for all of our members to return home healthy to enjoy life with their families.

In Solidarity,

Scott E. Knight
Executive Board Member

A MESSAGE FROM THE PRESIDENT



Brothers and Sisters,

The world continues to change before our eyes as the era of "The Great Renegotiation" grows. Union membership across the country is at an all time low. Yet these large corporations and the Robber Barons that run these corporations continue to throw billions of dollars at Union busting companies and/or lobbyist that want to rid the country of Unions and collective Bargaining. We all know where that will lead our country and the middle class.

Whether you believed in the pandemic or not, there's a handful of things that should've opened your eyes after 2 years. The United States DOES NOT manufacture goods like it once did. Many want to blame that once again on the Union Labor they had working in these plants creating goods and offering service that the American people were proud to purchase. The CEO's, CFO's and governing boards of these companies poison the public with misinformation about how Union Labor costs too much and that in turn raises the prices of the goods produced.

The fact is this, they found a way to demonize all unions, to place huge blame on those groups. Manufacturing has all but left the United States and has found itself taking advantage of the labor of Southeast Asia and China. You wonder why these goods that have been easy to come by for years are now stuck inside of some delayed supply chain? Well people, GE, ABB and other companies that supply our industry with goods sure are using the skilled labor here in the great US of A.

It's time for all of us to contact our government representatives, nationally and locally and start to push to bring manufacturing and good Union jobs back into the United States. I opened up calling this time in history "the Great Renegotiation" due to the fact everything is cyclical. It's now time to get the middle class organized and "renegotiate" their futures to strengthen the country as a whole.

In Solidarity,

Kevin J. Kaeter
Executive Board President

RETIREMENT PLANNING

A workshop for all International Brotherhood of Electrical Workers members and their spouse.

August 2022 GATT Rate is 3.13

What Should I do? Retire in 2023 or 2024

Lump Sum vs. Company Pension. What is the right choice for you?

Health Insurance. What should you expect after retirement?

Timing. Can I retire now, or do I need to wait?

How do I receive a **no cost personal retirement plan** designed exclusively for IBEW members?

Pick one that works best for you.

When	Where
Wednesday May 17 th , 2023 Starts at 6:00pm Registration at 5:45pm	Jax Café 1928 University Avenue NE Minneapolis, MN 55418

DINNER WILL BE PROVIDED

Reservations required as seating is limited RSVP today:
952.201.0146 or **paul@humphreyfinancial.com**

HUMPHREY
FINANCIAL, LLC

255 South Shore Drive, Forest Lake, MN 55025
www.humphreyfinancial.com

Securities offered through Cambridge Investment Research, Inc., a registered Broker/Dealer, Member FINRA/SIPC. Paul Humphrey, Representative. Advisory services through Cambridge Investment Research Advisors, Inc., a Registered Investment Advisor, Humphrey Financial, LLC and Cambridge Investment Research are unaffiliated companies neither endorsed by nor affiliated with any telecom or utility company. Cambridge Investment Research, Inc. and its representatives do not provide tax or legal advice. Please consult the appropriate professional regarding your specific situation.

IBEW Local Union 160 does not endorse any specific financial advisor

ONLINE AND MOBILE PAYMENTS



IBEW 160 has a mobile app and online link to make dues payments for **outside power members (Mo Valley) and tree trimmers**. In addition to these new payment options, you may still call with credit card information, send a check or use ACH (if you are enrolled).

Information on how to download and set up the mobile app is below.

The ONLINE PAYMENT tool can be accessed through our website (ibew160.org) under the RESOURCES tab.

To login to the ONLINE PAYMENT tool, click on the RESOURCES tab at ibew160.org

- Your Username is your Card Number
- Your Initial Password is your Last name and the last four digits of your SSN
- You will be required to change your password on your first login.

This payment option is only for members who are outside power members and those under the tree trimmer contract.

If you have any questions, please feel free to call!

Stacy Helget
Office Manager
(612) 781-3126



Use your cellphone's camera to scan the QR Code to be directed to Online and Mobile Payments.



REPS CELL PHONE #'s

Kurt Zimmerman (612) 991-0022
Eric Spielmann (612) 512-8018
Mike Ringstad (763) 355-7283
Nick Steckelberg (612) 655-5210
Darrin Helget (763) 276-8908
Justin Arbach (763) 213-3536
Mike Enerson (612) 368-6299
Joshua Laven (612) 258-8617
Crystal Gregory (612) 258-5833

MINNEAPOLIS

Tel (612) 781-3126
Fax (612) 781-4225

GRAND RAPIDS

Tel (218) 326-0533
Fax (218) 326-0534

WEBSITE

www.ibew160.org

EMAIL

160@ibew160.org

FOLLOW IBEW 160 FOR THE LATEST UPDATES!



@IBEWLOCAL160



IBEW-160

VIEW PREVIOUS NEWSLETTERS AT IBEW160.ORG



Suicide Prevention

5 Things You Should Know

Suicide is a leading cause of death among workingage adults in the United States. It deeply impacts workers, families, and communities. Fortunately, like other workplace fatalities, suicides can be prevented. Below are 5 things to know about preventing suicide.

1

BE AWARE

Everyone can help prevent suicide.

Mental health and suicide can be difficult to talk about—especially with work colleagues—but your actions can make a difference. When you work closely with others, you may sense when something is wrong.



2

PAY ATTENTION

Know the warning signs of suicide.

There is no single cause for suicide but there are warning signs. Changes in behavior, mood, or even what they say may signal someone is at risk. Take these signs seriously. It could save a life.



3

REACH OUT

Ask "Are you okay?"

If you are concerned about a coworker, talk with them privately, and listen without judgment. Encourage them to reach out to your Employee Assistance Program (EAP), the human resources (HR) department, or a mental health professional.



4

TAKE ACTION

If someone is in crisis, stay with them and get help.

If you believe a coworker is at immediate risk of suicide, stay with them until you can get further help. Contact emergency services or the National Suicide Prevention Lifeline.



5

LEARN MORE

Suicide prevention resources are available.

- Call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255), or text "TALK" to 741741.
- Visit the American Foundation for Suicide Prevention (www.afsp.org) to learn more about suicide risk factors, warning signs, and what you can do to help prevent suicide.



OSHA® Occupational
Safety and Health
Administration

1-800-321-OSHA (6742)

TTY 1-877-889-5627

osha.gov/preventingsuicides





MO VALLEY JATC NEWS & UPDATES

BY THE NUMBERS:

- 782 Line Apprentices (102 are Local 160 hands) **26 Apprentices out of work due to material shortages*
- 36 Substation Apprentices
- 18 Operator Trainees
- 15 URD Technicians
- 3 Cable Splicing Technicians

For a grand total of 854 Apprentices and Trainees.



CONGRATULATIONS TO THE FOLLOWING 2022 MO VALLEY JATC - IBEW LOCAL 160 - GRADUATES!

Journeyman Lineman:

Alan Blue
Cory Bosshart
Joshua Cameron
Anthony Claros
Kory Cossalter
Preston Desrosier
Jacob Duerr
Richard Filipowski
Brandon Fisher

Sean Graden
Larry Hoyer
Dustin Kaczmarek
Jakob Kopecky
Brady Larson
Zachary Mausolf
Tyler McKinnon
Brett Melby
Zachary Moran
Nicholas Norton

Jake Pavloff
Aaron Peterson
Tyler Post
Scott Redinger
Maxwell Sarkinen
Colten Sederstrom
Paul Skrivseth
Tanner Stringfellow
Joseph Tucker
Cameron Vinar

Jacob Wemeier
Michael Witt

Sub Techs:

Christopher Janclaes
Kyle Lundahl
Taylor Newhouse
Houston Peterson



MO VALLEY JATC NEWS & UPDATES CONT.

NEWS:

Beginning the week of January 30th 2023, line apprentices will be able to earn hot time at class while working on our Local 160 Timpson system's. This has been authorized by the board of trustee's. I will use this quarters news letter to give some information and possibly answer a few questions that may arise.

Q: So what is the Timpson System?

A: The Timpson System is tool that has brought our training to another level. We are able to have full system voltage on our distribution circuits at class with no arc flash or fault current hazard. In the past we have done a lot of "mock" hot activities. There is a time and a place for those exercises, but it's difficult to pretend something is energized when it is not. One of the best ways to think of it, is as a giant GFCI. It uses 120/208 3-phase secondary voltage to back feed dry core transformers up to the primary voltage we want on the circuit. If there is a phase to phase or a phase to ground contact, it trips the system and notifies us. The relaying monitors the current on the line and when it changes by more than 3 milliamps it starts to cycle and open. It opens in milliseconds and typically at a threshold of 10 milliamps over-current or less. As a safety measure the entire system total line current is capped at 30 milliamps. This is what allows us to use the trainer at class safely.

Q: How are we using it?

A: We currently have 3 in use at class. A 12.4KV overhead system, a 12.4KV URD system, and a 4KV overhead system. We have a 25KV overhead system as well and are in the works of building that line. For the last 9 months we have been using the Timpson with hot apprentices at class. We have specific tasks that we teach, practice and then evaluate the apprentices on over the course of the program. We call these hands on exercises Performance Assessment Tasks or "PAT's" for short. The idea behind these PAT's is that we have a way to now verify and track an apprentices individual-field related knowledge, performance and skill set, to make sure they are where the field wants them to be. They must pass these task's in addition to their work books in order to move to their next step as an apprentice.

Q: What are some of the expectations?

A: Apprentices will be monitored by an instructor, who is a Journeyman Lineman at all times while they are working on the energized Timpson. Each 4 man crew will have a designated foreman, pair of "lineman" in the air, and an observer. They will all be evaluated on how they perform each role as they rotate through. They will be responsible for setting up equipment, tool selection, tail board and task execution (aloft and on the ground).

Q: Why are apprentices allowed to work together on energized lines while at class but not in the field?

A: Great question. I reiterate that the Timpson allows us to energize lines to full system voltage at class. HOWEVER, we do NOT have any arc flash, or fault current exposure like a true power line does. This allows us to put them in the position to plan and work the tasks at class and think and act and perform the roles of a journeyman that they will soon be. That is why, while inside the fenced boundary's at class, our apprentices are allowed to work together in the air with out a Journeyman Lineman in the same elevation. In addition, this is covered in depth and documented at class, before an apprentice is allowed to be on the system.

I would like to wrap this letter up with a thank you to local 160. While in the building process a few years ago, Local 160 made 2 large donations to Mo Valley. The second large donation came from the desire to sponsor the Timpson Trainer. The members of the local voted to make the donations and in turn, basically covered the cost of the Timpson. Being able to energize circuits to full system voltage and stop with the "mock" activities for the high steps, has changed the way we have been able to train and takes it to a new level.

If there are any other questions about this, please feel free to call or email me at the number or email address below.

In Solidarity,

Dave Audette
160 Journeyman Lineman
Instructor @ Mo Valley JATC
(651)238-3823
Daudette@movalleyjatc.org



IBEW
MINNEAPOLIS, MN
LOCAL
160

WELCOME NEW 160 MEMBERS!

MARIA ACOSTA
VICKY ACOSTA
BRYCE AGUILAR
LANDON ANEZ
LAURA AXEL
ALAUURA DANNON BABCOCK
LUIS GILBERTO BARRIENTOS LUNA
SHAUN BAUER
NATHANIEL BAUERNFEIND
DAVID BAUMANN
ALEX BECKER
KYLE BEHM
WILLIAM BERNDT
GARRETT BLOMQUIST
DAWSON BOUNDS
MICHAEL CLAYTON
LEIGH CONDUCTY
KEILAN CRAWFORD
BLAKE CURTIS
GRACE DAMSTRA
LOGAN DONELAN
JACK DREES
COLBY DUNKEL
LUKE FLYNN
KYLE FOHRMAN
TRENT FOLEY
MADISON FOX-CHRISTENSEN
NICHOLAS FRANZEN
MITCH FUECKER
COREY GANSER
GIOVANNY GARZA
NOE GOMEZ
YASSER GONZALEZ
JOSHUA GOULD
YOLANDA GRANGROTH
TREYTEN GREEN
TREVOR GREGUSON
JOHN GREINER
DUSTIN GRESETH

TYLER GROSSHUESCH
STEPHEN GRUHLKE
JACK GRUNDTNER
TRAVIS HAMACHER
BRETT HANSON
ROSE MARY HINZ
MATTHEW HOENE
BRADY HOPPE
LINCOLN HOWARD
THOR JACKSON
BRANDON JOHNSON
BRUCE JOHNSON
PAYTON JOHNSON
SETH JOHNSON
TANNER JOHNSON
DYLAN JONES
PHILIP KAISER
BENJAMIN KEILHOLTZ
OWEN KELM
MICHAEL KOEHLER
MATT KRITZECK
SHAWN KUEHL
WILLIAM LADLIE
WILMER LANDAVERDE
PETE LEMKE
BRADY LEUTHNER
BEAU LINDER
GUNNAR LINDSTROM
PATRICK LUDLOW
STEVEN MACKEY
REBECCA MARZEN
AUSTIN MATVICK
SPENCER MEINHOLZ
TREVOR MICHIZENZI
CHRIS MORRISSETTE
EARL MUONIO
SAWYER NEUSTIFER
SOLINA NOP
DUSTIN NYBLOM

CONNOR O'GARY
BEN OBERMEYER
ASHLEY OLSON
OLIVIA OLSON
KENNETH OSKEY
JONATHAN PARISH
TODD PEDERSEN
YANIK PENKERT
BLAKE PERKINS
NATE REINHART
JACKIE ROBINSON
LUIS ROBLES ROJAS
ELIJAH SACK
KEANNA SCHNEIDER
DANIEL SJODIN
RAUL SOTO PUENTE
SETH STEADMAN
JAMES STREETER
SHAWN SUTTON
BENJAMIN SWANSON
HUNTER SYKES
ANDREW TRISCO
JOSHUA TRISCO
MILTON TUTTLE
DONALD UTZ
AARON VAITH
STEVE VENNE
BRANDON VOLLER
AMEER WALKER
JORDAN WEINS
TREVOR WILLIAMS
SAMUEL WIMMER
BRADY WOLFF
ETHANWRAGG
FOREST WRIGHT
ANDREW WURST
XAI YANG



IBEW
MINNEAPOLIS, MN
LOCAL
160

TOTAL MEMBER COUNT 3,424

CONGRATULATIONS TO THE FOLLOWING BROTHERS & SISTERS ON THEIR RETIREMENT:

RODNEY SIMONS - XCEL
CLARK MCDONALD - AGRALITE
CHARLES WEBB - XCEL
TAMI FREETLY - AGRILITE
RANDY MERCHAND - XCEL
TERRENCE INMAN - XCEL
STEVEN GUNDERSON - XCEL
ALEX KORLUKA - XCEL
TIMOTHY SHANAHAN - XCEL

CHARLES RATHBONE - XCEL
KEVIN ARCHER - XCEL
AUDREY DIBBLE - XCEL
DAVID HENDERSON - XCEL
MARK BAUER - XCEL
TIMOTHY GUENTHER - XCEL
BRIAN OLSON - MO VALLEY
ROSS BECKSTRAND - MO VALLEY
MARK POTTER - MO VALLEY

JAMES SAMUELSON - MO VALLEY
GREGORY LINDBERG - MO VALLEY
TERRY GOULET - MO VALLEY
CARL ANDERSON - MO VALLEY
ROGER LAPOINTE - XCEL
BYRON HOPPE - MO VALLEY
KIM KOBBERMANN - AGRALITE
JEFFREY LEUKUMA - XCEL

Our Deepest Sympathy

WE ARE DEEPLY SADDENED BY THE LOSS OF OUR BROTHERS. OUR DEEPEST SYMPATHY GOES OUT TO THEIR FAMILIES & FRIENDS.

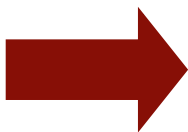
JASON MANNING - MO VALLEY - DIED 12-11-22
STEVE TURNER - RETIRED XCEL

Thinking of you

WELL WISHES WERE SENT TO THE FOLLOWING MEMBERS:

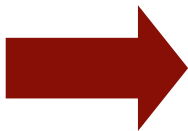
PETER KOCHLIN - MN VALLEY
JAMES KRIPOTOS - XCEL
CAMERON VINAR - MO VALLEY
MIKE COPELAND - XCEL

UPDATES FROM THE HALL



2023 SCHOLARSHIPS

Please visit ibew160.org/scholarships to view the 2023 Scholarship Packet. Applications must be received no later than April 21, 2023. If you have any questions, please contact Local Union 160 Hall at (612) 781-3126.



IBEW 160 RETIREMENT CLUB UPCOMING DATES

Wednesday, February 22, 2023 at 10:00AM
Wednesday, March 22, 2023 at 10:00AM
Wednesday, April 26, 2023 at 10:00AM

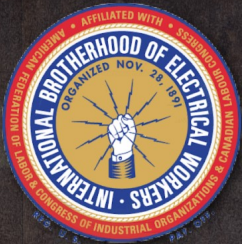


UPDATE YOUR CONTACT INFO FOR IMPORTANT UPDATES

We now have the capability to send out bulk emails & texts to reminder members of meetings, contract votes, explanation meetings, etc. Updates may be made via the mobile app, at ibew160.org/forms or by calling into the union hall.

LOCAL UNION 160, IBEW
2909 Anthony Lane
St. Anthony, MN 55418

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LOCAL
160

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NEWSLETTER

OFFICERS

Kurt W. Zimmerman - Business Mgr./Financial Secretary
Kevin J. Kaeter - President
James A. Anderson - Vice President
Jeffery R. Polson - Recording Secretary
Travis J. Sullivan - Treasurer

EXECUTIVE BOARD

Kenneth R. Conrad
Clayton E. Kaeter
Scott E. Knight
Randal L. Nass
Keith A. Burandt

OFFICE STAFF

Eric W. Spielmann - Business Representative
Michael J. Ringstad - Business Representative
Nicholas J. Steckelberg - Business Representative
Darrin L. Helget - Business Representative
Justin M. Arbach - Business Representative
Mike K. Enerson - Business Representative
Joshua S. Laven - Business Representative
Crystal A. Rourke - Membership Development
Stacy L. Helget - Office Manager
Anna J. Wilson - Bookkeeper
Mackenzie A. Schuhmacher - Referral/Receptionist