OFFICERS
Robert J. Boogren - Business Mgr/Financial Secretary
Alan P. Rademacher - President
Darrin L. Helget - Vice President
Mark A. Ring - Recording Secretary
Dan A. McConnell - Treasurer

EXECUTIVE BOARD
Clayton E. Kaeter
Kevin J. Kaeter
Scott E. Knight
Randal L. Nass
James M. Tobin

OFFICE STAFF
Daniel J. Kieffer - Assistant Business Manager
Jon D. Michels - Business Representative
Kurt W. Zimmerman - Business Representative
Thomas D. Cassidy - Business Representative
Martin A. Carey - Business Representative
Eric W. Spielmann - Business Representative
Michael J. Ringstad - Business Representative
Andrew D. Kieffer - Membership Development
Rose M. Eiden - Bookkeeper
Shari L. Johnson - Office Manager
Stacy L. Helget - Secretary
Ami L. Wilson - Receptionist/Referral Clerk
Our Next Union Meetings Will Be Held:

**Minneapolis:** Dec 6, 2018 & January 3, 2019
6:30 p.m. - St. Anthony Union Hall
2909 Anthony Lane

**Becker:** Dec 20, 2018 & January 17, 2019
6:30 p.m. - 12423 Pine St
Becker Union Hall

**Mo Valley:** December 18, 2018 - 7:30 p.m.
St. Anthony - Union Hall
January 25, 2019 - 7:30 p.m.
Grand Rapids Union Hall
300 SE 17th St, Grand Rapids

**Great River:** Dec 13, 2018 & January 10, 2019
6:00 p.m. - 12423 Pine St
Becker Union Hall

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**Reps Cell Phone #’s**
- Bob Boogren - (612) 308-5520
- Dan Kieffer - (612) 309-8640
- Jon Michels - (612) 750-3755
- Kurt Zimmerman - (612) 991-0022
- Tom Cassidy - (763) 213-3536
- Marty Carey - (612) 723-2001
- Eric Spielmann - (612) 799-3997
- Mike Ringstad - (763) 355-7283
- Andy Kieffer - (612) 258-5833

**Minneapolis Tel #** (612) 781-3126
**Minneapolis’ Fax #** (612) 781-4225
**Grand Rapids Phone Number**
Tel. # (218) 326-0533
Fax # (218) 326-0534

**Becker Office Numbers**
- Marty C. - (763) 262-1197
- Eric S. - (763) 262-1198
- Kurt Z. - (763) 262-1189
- Fax # (763) 262-1168

**Local Union 160 web site** - www.ibew160.org
L.U. 160 general email address - 160@ibew160.org

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The meetings are held at Local Union 160’s Union Hall at 2909 Anthony Lane, St. Anthony, MN 55418.

The retirees would like to welcome new members James Jechorek, Rob Quick, Sheldon Severson and Joe Zawislak.

The next meeting will be November 28, 2018. The Holiday Christmas party will be held on December 19, 2018.

All retirees are welcome to join. Cost is $20.00 per year.

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**HEY, HAVE YOU HEARD THE NEWS?**

**THE HOLIDAYS ARE COMING!!!!!!**

**Local Union 160 Holiday Closings :**

- **Thanksgiving** - November 22 & 23, 2018
- **Christmas** - December 24 & 25, 2018
- **New Year’s Day** - January 1, 2019

**Xcel Relay Training Class Video’s**

The Xcel Energy Relay Training Class Videos are now online.

Just go to www.ibew160.org.
Click on Resource
Click on Forms and Training

Then you will see the five (5) training videos.

Click on the video links and it will bring you to YouTube to take the refresher course and be prepared for the next time they give the exam.

Thank you to Andy Kieffer for putting them on the website and getting them into YouTube.

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**From the Editor, Rose M Eiden**

The information contained in this newsletter has been obtained from sources believed to be reliable, & the editor has exercised reasonable care to assure its accuracy. However, the Local Union does not guarantee that contents of the publication are correct, & statements attributed to other sources do not necessarily reflect the opinion of Local Union #160.
Dear Sisters and Brothers:

I would like to take some time to talk about a tragic event that happened in our Local. Recently, one of our members lost his struggle with depression. Stress is a major contributor to depression. Whether it’s stress at home, work or a relationship issue. I would like to focus on the work aspect of stress. That can take many forms. Something as simple as making a minor error at work can seem monumental to someone with this disease. Co-workers can also be a factor. We all know people at work who enjoy a little verbal sparring. However, it stops being fun when it is done solely to be hurtful (this may have played a role in this case).

Mental health, unfortunately carries a stigma with it unlike ANY other disease. I believe a lot of the reason for that is lack of understanding of the causes and effects. Recognizing the signs of stress and the causes is a good place to start. Work out what you find stressful and helpful in the workplace. Exercise is a great way to reduce stress, although sometimes that is not enough professional help is needed. That can be the hardest thing to admit.

On a happier note, I would like to take this time to wish everyone a Happy Thanksgiving and Happy Holidays. Enjoy and have fun with your families and friends, but also be safe.

In Solidarity,

Robert J. Boogren
Cell: (612) 308-5520

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Dear Brothers and Sisters,

I attended the Fall IBEW Safety Caucus in Houston and the focus of this meeting was on Fatigue. IBEW Safety Director Dave Mullen reported and commented on the data he had from OSHA, reporting injuries related to fatigue. Studies show that working past a “normal” 8 hour shift, the risk for injuries goes up 29%.

Dave also reported on a fundraising campaign that Local 222 out of Florida had. It was discussed while the Local 222 crews were working in Puerto Rico that the local linemen for the utility down there had lost most if not all of their tools. So Local 222 held a fundraiser when they got home and raised $20,000. During this fundraising, the Milwaukee Tool Company got involved and they matched the $20,000 and also discounted the tools purchased and they were able to replace all the lost tools for the Puerto Rico crews.

Lastly and sadly, the IBEW Locals across the country has lost nine (9) members to work related injuries so far this year.

With all the work that is going on throughout our local, I ask that you stay focused, stay rested and watch out for each other.

Stay Safe!

In Solidarity,

Kurt Zimmerman
Business Rep

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Dear Members,

The International Office says that when you become a member of an IBEW Local Union, you are that local’s member until you either are issued a travel card or if you are more than six months behind on dues, then they drop you as a member. So when you go to work in another local and want to become their member, you must get a travel card and switch your membership.

For example: Local 160 had a member who we made inactive because he wasn’t working through us anymore. That was four months ago. I recently received a call from Local 31 telling me that the International Office won’t except this person as a new member because he is still a member of Local 160. This member should have asked for a travel card from Local 160 and deposit it into Local 31 instead of joining Local 31 as a new member.

If you are on an Honorary Withdrawal, you are still that local’s member. For example: I sent out paperwork for a new member to fill out, and when I received them back, I found out he was a Local 292 member on an honorary withdrawal. So he now needs to go back to Local 292 and get off the withdrawal, pay one month dues and get a travel card to change his membership to Local 160.

If you ever have a question, never hesitate to call me and I can let you know what to do.

Sincerely,

Rose Eiden
Bookkeeper
This year the 35th Annual International Lineman’s Rodeo was held on Friday, October 12th and the main competition on Saturday, October 13th in Kansas City.

Local Union 160 sponsored 4 Missouri Valley apprentice linemen to go and compete in this year’s events. They are: Kory Cossalter - 3rd step, Ron Hakala - 5th step, Cole Johnson - 6th step and James Vearrier - 7th step. As apprentices, they competed individually, and this year all the competitors were new to this competition. The apprentices compete in five (5) different activities that included a written test, hurt man rescue, a speed climb and two mystery events (which was an arrestor change out and making the correct splices to put together a becky on hand-line block). All the events were timed and judged in all of the competitions. In total there was almost 300 apprentices from all over America and Canada. It is a very impressive competition with everyone coming and competing.

Local Union 160’s apprentices all did great and placed well in their Contractor Apprentice Division. Ron Hakala took home 3rd place overall in the division and Cole, Kory and James all placed in the top 20!!

I’d like to say thank you to them and recognize their hard work in competing and doing a fine job representing Local Union 160 at the rodeo. We are all proud of the four of you.

I would also like to say thank you to Local Union 160 for sponsoring our rodeo team for the 2018 competition.

In solidarity,
Brother Dave Audette
Brothers and Sisters,

I had the opportunity to attend the IBEW International Women’s Conference in June and the IBEW 6th District Women’s Conference in September. Both were held in Minnesota so there were a lot of Minnesota IBEW Sister’s in attendance including five (5) from Local Union 160. We had great guest speakers including MN House of Representative Peggy Flanagan and International President Lonnie Stephenson.

The International Krav Maga Federation of Minneapolis gave us lessons and tips in self-defense that were certainly valuable for everyone in attendance!

There were many highlights to each conference but Sister Crystal Rourke (Local 160 Member) had everyone’s attention when she got up and told her story. She did an absolute amazing job speaking from the heart. Thank-you Crystal for sharing your story.

It was a pleasure to meet some of the other sisters in attendance and I would like to say Thank-you Business Manager Boogren and the membership for the opportunity to represent our Local as a delegate at both conferences.

In Solidarity,
Barb Oakes

From Left to Right: Business Manager Robert Boogren, 6th District Rep Cheri Stewart, and 160 members Barb Oakes, Crystal Rourke, Angela Basara, Betty Otremba and Judy Welch.
Union Sportsman Alliance Clay Shoot

The Union Sportsman Alliance Clay Shoot was held on Saturday, September 15, at the Wild Marsh Sporting Clays in Clearwater, Minnesota.

This event is open to all union trades. Some of the trade unions participating were Roofers, Pipefitters, Electricians, Insulators, Linemen, Carpenters.

This event is held in many different states each year. The purpose is to raise financial support to further the cause for Wildlife Conservation.

A total of 340 union members participated in the event. Local Union 160 was recognized for the largest groups of 40 members which consisted of 8 teams of 5 shooters.

Each participant is given 100 shotgun shells, to be shot at flying clay pigeons at a large array of stations positions throughout the woods. Scores are kept on hits and misses of targets. Three teams representing Local 160 were awarded trophies for high scores. Congratulations to the teams.

A big thank you on behalf of 40 shooters of Local 160 too.

Thank you to Mike Follese and Matt Donnelly of Grey Fox Financial, Jeff Kolodski and Mike Dolezal of Union Advisors and Local Union 160 for their generous support with this event.

Your Brother,
Dan Kieffer
Business Rep
PIG ROAST 2018

Though the attendance was down and the skies were cloudy, the 35th Annual Pig Roast was still a complete success.

The food of course was a big hit with all the attendees thanks to our wonderful chefs - Dan Gardas, John Harris, Troy Gutzwiller and Skip Rosnow. Also, Bill Cort with East Central once again came through for Local 160 in ordering and picking up all the meat, potato salad and beans. Thanks guys.

Kuddos also goes out to the Officers and Executive Board members for all the hard work they do during the day of the pig roast making sure that the food pans are never empty and the dishes never pile up, and also that everyone signs up for a door prize and are able to purchase Cope Tickets if they wish to. They along with the Business Reps and Business Manager also do a wonderful job cleaning up and putting everything away when it is over.

The other people that should be thanked is the office staff for making sure everything is done for the big day. This whole Pig Roast is a team effort, so thank you everyone.

Listed below are all the Cope Winners:

Jamie Swartzer - Milwaukee Hammer Drill/Driver Kit
Fran Stade - $100 Best Buy Gift Card
Mike Ringstad - $100 Home Depot Gift Card
Scott Helgeson - $100 Gilleland Gift Card
Dave Voisin - $100 Home Depot Gift Card
Dan Seawell - $100 Gilleland Gift Card
Kory Cossalter - $100 Cabela’s Gift Card
Brad Rolf - $100 Best Buy Gift Card
Dan Gardas - $150 Cabela’s Gift Card
Rick Stulz - $100 Target Visa Gift Card
Troy Ecker - Huskey 185 pc. Mechanic Tool Set

Jerry Wilkens - $100 Cabela’s Gift Card
Charlie Hamer - Makita Cordless Chain Saw
John Haller - $100 Cabela’s Gift Card
Jon Piotter - Husqvarna Weed Wacker
Marvin Dinville - $150 Cabela’s Gift Card
Mark Machovek - $100 Best Buy Gift Card
Stacy Helget - Makita Cordless Chain Saw
Don Quist - $100 Cabela’s Gift Card
Al Rademacher - $100 Target Visa Gift Card
Shari Johnson - Yetti Tundra Cooler
Stacy Helget - Portable Lounger Tree Seat

Congratulations to all the winners.
LOCAL 160 WELCOMES NEW MEMBERS

Carl Aitkenhead  Jeffrey Anderson
Courtney Bauer  Tristan Berg
Adam Blue  Dustin Bonham
Travis Carver  Mike Chlan
Randi Christensen  Herbert Colby
Ryan Colclasure  Marcus Dahlquist
Austin Dittel-Miller  Nicholas Dunn
Cody Funk  Jeffrey Garies
Jason Graham  Anthony Haggblom
Jordan Hall  Charles Hilboldt-Frileck
Justin Hinson  Derek Hittle
Zachary Holm  Joshua Jacob
Aaron Johnson  Devin Liebl
Landon Lipponen  Kyle Lundahl
Connor Marichalar  Todd Moe
Raymond Murphy  Kyle Nelson
Matthew Newgard  Christopher Northenscold
Daniel Nyberg  Peter Olson
Travis Pahl  Logan Paige
Catherine Pany  Michael Paulson
Kathleen Payne  Jamie Peloquin
Tyler Post  Scott Redinger
Blaine Rogness  Trenton Rushmeyer
James Rybicki  Peter Schmitt
Steven Schwab  Jeremy Scott
Cole Scovill  Kyler Sempel
Jesse Slover  Allen Steinbach
Lucas Stelter  Brandon Stolz
Noah Sulzle  Trent Teicher
Zachary Thoe  Justin Vendeville
Shawn Vlaminck  Mark Woll
Skyler Yost  Jarod Young

Membership Count = 3227

GET WELL WISHES WERE SENT TO THE FOLLOWING MEMBERS:

Benjamin Kelly - Mo Valley
Christopher Morgan - Xcel Energy
James Tobin - Xcel Energy

IN MEMORIAN

We are deeply saddened by the loss of our brothers & sister. Our deepest sympathy goes out to their families & friends.

Dean Blankenship - Retired NSP - Died 7/18/18
Roy Downs - Retired NSP - Died 9/27/18
Chandra Hankins - Active Asplundh Tree - Died 9/24/18
Ronald Lundy - Retired Xcel Energy - Died 10/21/18
Lyle McConnell - Retired NSP - Died 9/21/18
James McKay - Retired Xcel Energy - Died 10/15/18
Roger Moen - Retired Xcel Energy - Died 10/22/18
Mitchell Siefert - Active Mo Valley - Died 10/18/18

CONGRATULATIONS TO THE FOLLOWING BROTHERS ON THEIR RETIREMENT.

David Albold - Xcel Energy
Steve Curtis - Xcel Energy
John Holmes - Wright Tree
James Jechorek - Xcel Energy
David Kautzman - Great River Energy
Marlin King - Wright Tree
Jeff Lundeen - Mo Valley
Jason Mapes - Xcel Energy
Krosna Sem - Xcel Energy
Joseph Zawislak - Xcel Energy