NEWSLETTER - 195TH EDITION
JANUARY/FEBRUARY 2019

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Our Next Union Meetings Will Be Held:

Minneapolis:  
**February 7 & March 7, 2019**  
6:30 p.m. - St. Anthony Union Hall  
2909 Anthony Lane

**February 27 & March 27, 2019**  
6:30 p.m. - St. Anthony Union Hall  
2909 Anthony Lane

**March 29, 2019**  
6:30 p.m. - Grand Rapids Union Hall  
300 SE 17th St, Grand Rapids

**March 29, 2019**  
6:30 p.m. - Grand Rapids Union Hall  
300 SE 17th St, Grand Rapids

Becker:  
**February 21 & March 21, 2019**  
6:30 p.m. - 12423 Pine St  
Becker Union Hall

**February 27 & March 27, 2019**  
6:30 p.m. - 12423 Pine St  
Becker Union Hall

Mo Valley:  
**February 26, 2019 - 7:30 p.m.**  
St. Anthony - Union Hall

**March 29, 2019 - 7:30 p.m.**  
Grand Rapids Union Hall  
300 SE 17th St, Grand Rapids

Great River:  
**February 14 & March 14, 2019**  
6:00 p.m. - 12423 Pine St  
Becker Union Hall

Reps Cell Phone #’s  
Bob Boogren - (612) 308-5520  
Dan Kieffer - (612) 309-8640  
Jon Michels - (612) 750-3755  
Kurt Zimmerman - (612) 991-0022  
Tom Cassidy - (763) 213-3536  
Marty Carey - (612) 723-2001  
Eric Spielmann - (612) 799-3997  
Mike Ringstad - (763) 355-7283  
Andy Kieffer - (612) 258-5833

Minneapolis Tel # (612) 781-3126  
Minneapolis’ Fax # (612) 781-4225  
Grand Rapids Phone Number  
Tel. # (218) 326-0533  
Fax # (218) 326-0534

Becker Office Numbers  
Marty C. - (763) 262-1197  
Eric S. - (763) 262-1198  
Kurt Z. - (763) 262-1189  
Fax # (763) 262-1168

Local Union 160 web site - www.ibew160.org  
L.U. 160 general email address - 160@ibew160.org

From the Editor, Rose M Eiden

The information contained in this newsletter has been obtained from sources believed to be reliable, & the editor has exercised reasonable care to assure its accuracy. However, the Local Union does not guarantee that contents of the publication are correct, & statements attributed to other sources do not necessarily reflect the opinion of Local Union #160.

Local Union 160 Retirement Club

The meetings are held at Local Union 160’s Union Hall at 2909 Anthony Lane, St. Anthony, MN 55418.

The next two meetings are February 27 and March 27, 2019.

All retirees are welcome to join. Cost is $20.00 per year.

Just a little note, next time you see Pete Sandberg, Fran & Terry Stade, and George Huber, Dan Seawell and everyone who helps in the kitchen, give them a thank you. It takes a lot of their personal time, gas and wear and tear on their own vehicles to set up nice meetings for all the retirees.

IBEW LOCAL UNION 160’S  
ANNUAL STEWARD’S TRAINING

When:  
Saturday, March 2, 2019

Where:  
Local 160’s Union Hall  
2909 Anthony Lane  
St. Anthony, MN 55418

Time:  
9:00 A.M. - 1:00 P.M.

This invitation is to all union stewards of Local 160. If you are interested in attending the training, please contact the hall at (612) 781-3126 no later than February 26, 2018.

Lunch will be served afterwards.

SCHOLARSHIP APPLICATIONS

All scholarship applications will become available towards the end of January 2019. If you have a child that is eligible and would like a set of the applications, please call the hall at (612) 781-3126 and we will mail them out to you or you may go on our website at www.ibew160.org and print them out.

If you have any questions, please feel free to call Ami at the same number.

It has been suggested that we list our attorneys in the newsletter. So here they are:

Gadtk Law Firm P.A. - Work Comp Attorneys  
(763) 315-4548

2 Main Labor Attorneys are;  
Miller-O’Brien-Jensen, P.A.

R.A. Williams Law Firm, P.A. 
Dear Sisters and Brothers:

Happy New Year! I hope everyone has a good and prosperous 2019.

Our International Reps (Tony Maghrak and Cheri Stewart) concluded our annual audit. The purpose of this type of audit is to check our compliance with the Department of Labor rules and regulations, as well as the IBEW requirements. One result of this visit it was determined that we need to update our Bylaws. These are the governing documents for our Local, as such, they need to follow pattern guidelines set up by the International. Once this is completed, they will be presented to the membership for approval.

We have had some questions recently about our outside apprenticeship. With the adoption of the Best Practices, members were wondering where to find this information on the Missouri Valley Line Constructors website. Go to www.movalleyjatc.org and click on the Apprentice Resource tab at the top. On this page there is a Line Policy Statement Rules and Regulations 2018 tab. This contains the most up to date policies and rules. To the left of that same page you will find a box that states Resources. Toward the bottom of the box you may click on Journeyman Suspensions. These are the current journeyman who have lost training privileges. It shows members who have lost that right in all the Union apprenticeships nationwide, not just Missouri Valley.

Also for the outside apprentices the National Electrical Contractors Association, Inc, the publisher behind many iOS app (ET&D Partnership, The NECA Book, NECA u70E® PPE Selector Guide), brings ET&D Partnership app (version 1.0.5) with several features. If you are iPhone and iPad owner, you now can download ET&D Partnership for free from Apple Store.

Great River Energy Processing Plant and Garbage Burner will be shut down. The tentative date for this is March 15, 2019. Great River Energy is shutting those down because of the cost of running them and the volume doesn’t justify the cost. This will affect 30 of our union members. Local 160 and Great River Energy have negotiated an enhanced severance package for these union members affected by the shutdown and who will remain at their jobs until such time.

As a last item, I feel it necessary to talk about a continued and growing problem. As Union members one of our selling points to our employers is that we maintain that we are the best trained, best qualified people to do the work. Yet, we have IBEW members failing the drug and alcohol tests. I understand completely that people have addictions. Lineco has a Medical Assistance Program (MAP) that can help. The phone number is 1-800-332-2191 or go online at www.lineco.org. Unfortunately, there are members who don’t seem to want to help themselves and continue time after time to fail the drug and alcohol tests. I am currently talking with other Locals on this matter to see how they handle this problem. Some ban the member from signing the books for a specified amount of time. I will be working on implementing a new rule to the Local Union 160 Hiring Hall Rules that will address this issue.

Please be safe out there and watch each others backs and of course, my door is always open for you.

In Solidarity,

Robert J. Boogren

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**Stick With What You Know**

Business leader and author Rene Henry has enjoyed a diverse career across several different industries. Aside from his education and quest for lifelong learning, Henry attributes much of the success he experienced to the life lessons he learned along the way. One example he shares, about trusting what you know and letting that knowledge guide your actions, occurred during a weekend ski trip.

On the first day of the trip he spent time with members of a ski club. When they learned Henry planned to travel to another area to ski the following day, they cautioned him about which road to take to safely reach his destination. They explained to him that when he reached a fork in the road he should go left, because the road on the right had yet to be plowed and his car would not be able to handle the snow on the road.

The next day when Henry set off for his excursion a friend decided to join him. As Henry approached the fork in the road he began to veer left, but his friend told him that he had to take the road on the right.

Henry told his friend about the warning the members of the ski club had shared with him, but the friend maintained that the road on the right was the only way they’d be able to reach their destination.

Against his better judgement, Henry changed course and took the road to the right. Less than a mile in, the car became stuck in the snow.

Henry and his friend had to walk back to the main road, flag down a passing motorist willing to take them back to town, and arrange for a tow once they reached the general store. By the time Henry had his car back, the day had wasted away and there was no time left to ski.

Henry says he learned a valuable lesson that day. If he’d simply ignored his friend’s advice things would’ve had a more positive outcome. By ignoring what he knew to be true, Henry veered of course and into a scenario of disappointment.
This marks the 27th year the AFL-CIO has produced a report on the state of safety and health protections for America’s workers. It features state and national information on workplace fatalities, injuries, illnesses, the number and frequency of workplace inspections, penalties, funding, staffing and public employee coverage under the Occupational Safety and Health Act. It also includes information on the state of mine safety and health.

In 1970, Congress enacted the OSH Act. Promising workers in this country the right to a safe job. More than 579,000 workers now can say their lives have been saved since the passage of the OSH Act. Since that time, workplace safety and health conditions have improved. But too many workers remain at serious risk of injury, illness or death as chemical plant explosions, major fires, construction collapses and other preventable workplace tragedies continue to occur. Workplace violence is a growing threat. Many other workplace hazards kill and disable thousands of workers each year.

In 2016, 5,190 workers lost their lives on the job as a result of traumatic injuries. Each day in this country, an average of 14 workers die because of job injuries—women and men who go to work, never to return home to their families and loved ones. This does not include those workers who die from occupational diseases, estimated to be 50,000-60,000 each year. Chronic occupational diseases receive less attention because most are not detected for years after workers are exposed to toxic chemicals, and occupational illnesses often are misdiagnosed and poorly traced. All total, on average at least 150 workers die each day due to job injuries and illnesses.

The cost of these injuries and illnesses are enormous—estimated at $250 billion to $360 billion a year.

During its eight years in office, the Obama administration had a strong track record on worker safety and health, appointing dedicated pro-worker advocates to lead the job safety agencies who returned these programs to their core mission of protecting workers. The Obama administration increased the job safety budget, stepped up enforcement and strengthened workers’ rights. Landmark regulations to protect workers from deadly silica dust and coal dust were issued, along with long overdue rules on other serious safety and health hazards, including beryllium and confined space entry in the construction industry.

Opposition by business groups and the Republican majority in Congress thwarted action on a number of initiatives. But at the end of eight years, the Obama administration had put in place important protections, policies and programs that made jobs safer, reduced injuries and illnesses, and saved workers’ lives.

With the election of President Trump and Republicans maintaining their majorities in Congress, the political landscape shifted dramatically. President Trump ran on a pro-business, deregulatory agenda, promising to cut regulations by 70%. Since taking office at the end of January 2017, he has acted on that promise, issuing a number of executive orders to roll back or review existing regulations, including one order that requires that for any new regulatory protection issued, an agency must remove two safeguards from the books. He signed more than a dozen bills overturning regulations issued by the Obama administration, including two major worker safety rules.

The Trump administration has moved to weaken recently issued rules on beryllium and mine examinations and has delayed or abandoned the development of new protections, including regulations on workplace violence, infectious diseases, silica in mining and combustible dust.

At the same time, Congress is pushing forward with numerous “regulatory reform” bills that would require review and culling of existing rules, make costs the primary consideration in adopting regulations, and making it virtually impossible to issue new protections.

President Trump’s budget in both FY 2018 and FY 2019 targeted key worker safety and health programs, proposing to cut funding for coal mine enforcement and to eliminate OSHA’s work safety and health training program and the Chemical Safety Board and to slash the NIOSH job safety research budget by 40%.

These are challenging times for working people and their unions, and the future prospects for safety and health protections are uncertain.

What is clear, however, is that the toll of workplace injury, disease and death remains too high. Workers in the United States need more safety and health protection, not less. More than four decades after the passage of the OSH Act, there is much more work to be done.

5,190 - The number of workers killed on the job in the United States in 2016.
1,848 - The number of workers ages 55 or older killed on the job in 2016, which represents 36% of all worker fatalities.
991 - The number of construction workers killed on the job in 2016, the most of any sector.
866 - The number of worker deaths caused by workplace violence in 2016, now the second leading cause of workplace death.
On December 28, 1945 Congress formally recognized the Pledge of Allegiance in its almost-current form (everything but “under God”). Here are 5 things you didn’t know about the Pledge of Allegiance…

Who Wrote the Pledge of Allegiance?

In 1892, as part of a national patriotic school program, a 37-year-old minister named Francis Bellamy composed the Pledge of Allegiance. It was originally written and published in, the magazine The Youth’s Companion and it was to be an integral part of the Columbus Day festivities. The original version was a bit different than what we know today. It read: “I pledge allegiance to my Flag and the Republic for which it stands, one nation, indivisible, with liberty and justice for all.” In 1923 the American Legion and Daughters of the American Revolution made a change to the pledge. They removed the word “my” and inserted the words “the Flag of the United States of America.” This change was made so the immigrant children would know they were saluting the United States flag, and not one from their native country. With the national fear of communism in 1954, President Dwight D. Eisenhower urged Congress to add the words “under God” to the pledge. Eisenhower states this change would “reaffirm the transcendence of religious faith in America’s heritage and future” and “strengthen those spiritual weapons which forever will be our country’s most powerful resource in peace and war.”

The Original Pledge Included a Very Different Salute.

Students used to use the “Bellamy salute” during the Pledge; this was discontinued and the salute changed in the 1940s because of the similarity to the Nazi salute.

But that salute was eliminated for a very good reason. Nowadays people put their right hand over their heart, but before 1942, the salute used with the Pledge was a straight right arm raised at a diagonal angle, palm down, fingers extended together and out. Picture that for a moment and you’ll likely get why it fell out of favor starting in the 1930s—it’s now better known as the salute used by the Nazis. The straight-arm salute was known in the U.S. as the Bellamy salute, after Francis Bellamy, who believed the salute would be a good non-military gesture, even though some sources still call it a military salute. The current hand-over-heart salute in included is the U.S. Flag Code.

It Was Not the First Pledge to the U.S. and U.S. Flag.

Bellamy’s Pledge was first used in 1892, but in 1885, a colonel named George Balleh penned a very short oath to the flag that was actually used in some schools before Bellamy’s version was created. Balleh’s version promoted the idea of one language along with one country, and it also included mention of God, which Bellamy’s version did not (until “under God” was added in 1954).

The Pledge Was in Use Long Before Congress Recognized It.

The Pledge was originally written for the anniversary of Columbus landing in North America but gradually worked its way into everyday life, including recitation in schools. Congress’ recognition in 1945 merely made the words of the Pledge official and added them to a flag code law from 1942. Interestingly, the addition notes that civilians should place their hands over their hearts when reciting the Pledge, but that just standing at attention (with men removing their hats) would be enough to show respect.

It Used to Be Legal to Expel Students for Not Saying the Pledge.

And it’s not now, though that hasn’t stopped some schools. Basically, until 1943, schools could kick you out for not saying the Pledge. The law was changed in 1943 after a Supreme Court decision that said not speaking during the Pledge was considered free speech. Unfortunately, some schools still prefer to kick students out, such as happened to a high school senior in Houston, Texas, in 2017, who merely refused to stand during the Pledge. As of September 2018, a District Court judge in Texas has refused to dismiss the case, but the Texas Attorney General has intervened and told the student she must stand. Her attorney has said he’d be willing to go before the Supreme Court.
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Your Retirement Team!
Office: (651) 447-2235
Email: jeff.kolodjski@uadvisors.com
Email: mike.dolezal@uadvisors.com
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Securities offered through LPL Financial, Member FINRA/SIPC. Investment advice offered through Great Valley Advisor Group, a registered investment advisor. IBEW 160, Great Valley Advisor Group, U Advisors and LPL Financial are separate entities.
**The Pains of Childbirth**
Due to a power outage, only one paramedic was available to respond to the call.

The house was very dark so the paramedic asked Kathleen, a 3-yr old girl to hold a flashlight high over her mommy so he could see while he helped deliver the baby.

Very diligently, Kathleen did as she was asked.

Heidi pushed and pushed and after a little while, Connor was born. The paramedic lifted him by his little feet and spanked him on his bottom. Connor began to cry.

The paramedic then thanked Kathleen for her help and asked the wide-eyed 3-yr old what she thought about what she had just witnessed.

Kathleen quickly responded, “He shouldn’t have crawled in there in the first place… Smack his bottom again.

**How I Got an Ostrich**
A man walked into a restaurant with a full-grown ostrich behind him.

The waitress asked them for their orders.

The man said, “A hamburger, fries and a coke.”

She turned to the ostrich. “What’s your?” she asked the ostrich.

I’ll have the same,” said the ostrich.

A short time later the waitress returned with the order. “That will be $9.40, please.” And the man reached into his pocket and pulled out the exact change for payment.

The next day, the man and the ostrich came again and the man said, “A hamburger, fries and a coke.”

The ostrich said, “I’ll have the same.”

Again the man reached into his pocket and paid with exact change.

This becomes routine until the two entered again. “The usual?” asked the waitress.

“No, this is Friday night, so I will have a steak, baked potato and a salad,” said the man.

“Same,” said the ostrich.

Shortly the waitress brought the order and said, “That will be $32.62.”

Once again the man pulled the exact change out of his pocket and placed it on the table.

The waitress could not hold back her curiosity any longer. “Excuse me, sir. How do you manage to always come up with the exact change in your pocket every time?”

“Well,” said the man, “several years ago I was cleaning the attic and found an old lamp. When I rubbed it, a Genie appeared and offered me two wishes. My first wish was that if I ever had to pay for anything, I would just put my hand in my pocket and the right amount of money would always be there.”

“That’s brilliant!” said the waitress. “Most people would ask for a million dollars or something, but you’ll always be rich as you want for as long as you live!”

“That’s right. Whether it’s a gallon of milk or a Rolls Royce, the exact money is always there,” said the man.

The waitress asked, “What’s with the ostrich?”

The man sighed, paused and answered, “My second wish was for a tall chick with long legs who agrees with everything I say.
GET WELL WISHES WERE SENT TO THE FOLLOWING MEMBERS:

Paul Cumbee - Benco Electric
Chad Gornik - Xcel Energy
Kyle Howard - Xcel Energy
Jeff Lemay - Xcel Energy
Arthur McClellan - Mo Valley
Steve Otterness - Veolia
Mike Schoephoerster - Xcel Energy

IN MEMORIAN

We are deeply saddened by the loss of our brothers. Our deepest sympathy goes out to their families & friends.

Jerry Irwin - Retired Mo Valley - Died 12/5/18
Elmer (Bud) Malone - Retired NSP - Died 12/15/18
Bob Minell - Retired Xcel Energy - Died 1/4/19
Steve Mooney - Retired RRT - Died 11/8/18
Dave Odden - Retired Agralite - Died 12/9/18
Luverne Schlobohm - Retired Steele Waseca - Died 9/19/18
James Voita - Retired Mo Valley - Died 11/5/18
Tom Williams - Retired NSP - Died 12/2018

CONGRATULATIONS TO THE FOLLOWING BROTHERS ON THEIR RETIREMENT.

Paul Ammerman - City of North St. Paul
David Haggberg - East Central Energy
Thomas Hunn - Xcel Energy
Kendall Johnson - Xcel Energy
Kevin Koecher - Xcel Energy
Thomas Kosloske - Xcel Energy
Dan McConnell - Xcel Energy
Bruce Rokala - Xcel Energy
Thomas Sinnen - Xcel Energy
David Weinhandl - Xcel Energy