



Tanning Aftercare Guidelines

- Leave your tan alone for at least 7 hours (overnight if possible) before showering or taking a bath. This allows your tan to develop.
- Avoid wearing socks or shoes after your tanning session as sweating can inhibit the development of your tan. Flip flops are a good choice.
- Avoid applying moisturizers or deodorants.
- Avoid wearing tight clothing for at least 5 hours. This includes tighter-fitting jeans.
- All swimming, showering and vigorous exercise must be avoided for at least 5 hours as this can inhibit the development of your tan.
- Do not shave for 12 hours after your treatment.
- Beware of wearing long boots after tanning as these can make your tan patchy on your legs.

When you take a shower or a bath you will probably see some color wash off. Don't worry, this is quite normal as it is only the color guide that allows the product to be seen during the spraying process. You will still be left with a gorgeous tan.

It is recommended you follow these general guidelines to maintain your tan:

- Moisturize regularly.
- Avoid long hot baths and showers as this will speed up exfoliation.
- Pat your skin dry after a bath or shower. Rubbing your skin may rub off your tan.
- Avoid swimming pools or seawater as these can reduce your tan.
- Try to always have a fresh new razor for shaving.
- **Call or email with any questions or concerns 703.505.4110 or carol@klarityskincare.com.**