



### **Recommended Guidelines before Tanning**

Exfoliate thoroughly and moisturize the day before your tan is to be applied. It is recommended that you choose a body scrub that does not contain any oils, essential or otherwise. A loofah is not considered an acceptable choice. Exfoliating will remove any dead skin and will provide a new, smooth surface for the application of the tanning solution. Exfoliating will also help to ensure even coverage and will lengthen the duration of the tan.

- Before you Tan
  - When you arrive, review and sign the Release Form.
  - Shave or wax the day or night **before** your application and make sure you moisturize.
  - Do not apply moisturizer onto skin the **day of** application.
  - Remove make-up, perfume and deodorant before your application.
  - It is recommended that you wear dark loose fitting clothing. The solution washes out of most clothing very easily but tends to stain Silk, Nylon and Lycra materials; therefore dark colored underwear is recommended. You can also wear an old swimming suit if you choose. Disposable bikinis are provided.
  - A woman's tan can be directly affected by her hormones and can cause blotchiness or the color not to develop as dark as normally. It is not common, but it may happen.
  - Oily skin types usually develop lighter and require an extra spray after 24-48 hours to achieve your base color.
  - **If you have any questions or concerns, please call 703.505.4110 or email me at [carol@klarityskincare.com](mailto:carol@klarityskincare.com).**