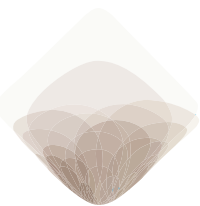


# RELAX

The Spa

(585) 412-4994 | [www.relaxthespa.com](http://www.relaxthespa.com)



## Skin Care – *Hydrafacials*

### RELAX Signature HydraFacial

A rejuvenating skin resurfacing treatment that immediately reduces the look of lines, wrinkles, acne, hyperpigmentation, congested pores and uneven skin tone on the face and neck. Experience deep cleansing followed by an infusion of antioxidants and hyaluronic acid for hydration.

45 Minutes \$175

### RELAX Platinum HydraFacial

An invigorating treatment that includes all the luxurious essentials of the HydraFacial. It begins with Lymphatic Drainage therapy to initiate the detoxification process.

Then, the HydraFacial deeply cleanses, exfoliates, extracts and hydrates the skin. This treatment includes a choice of Britenol, DermaBuilder or CTGF. Includes LED light therapy and gentle massage techniques.

80 Minutes \$295

### HydraFacial Deluxe

These invigorating treatments include all of the essentials of the Signature HydraFacial while addressing specific skin concerns using HydraFacial boosters and LED therapy

Restorative HydraFacial: Includes CTGF to improve the appearance of skin tone, texture and elasticity: 50 minutes \$250

Age Refinement HydraFacial: Includes DermaBuilder boost to reduce the appearance of fine lines and wrinkles: 50 minutes \$225

Radiance HydraFacial: Includes Britenol boost to minimize the appearance of dark spots: 50 minutes \$225

Clarifying HydraFacial: Includes extended extractions and blue LED light therapy to remove congestion: 50 minutes \$225

### Perk Lip Treatment

Perk Lip will exfoliate, hydrate, plump and condition your lips. A take home lip serum and balm to last until your next treatment are included in your service. \$50

### Perk Eye Treatment

Perk Eye will reduce the appearance of fine lines and wrinkles, puffiness, dark circles, hydrate and promote elasticity to the under eye area. A take home under eye serum and 2 eye masks are included in your service. \$50

## Skin Care – *Eminence Organic Facials*

### RELAX VitaSkin Facial

Our vitaSkin facial begins with an in-depth skin analysis for a truly customized facial experience. Our plant derived skin care is formulated for your skin type. 50 Minutes \$120

### Eight Greens Hormonal Facial

Antioxidant-rich natural plant hormones target hormonal acne and treat hormonal aging. The power of supercharged greens clarifies and clears the skin by normalizing oil gland production and helps to prevent breakouts. Repair and revitalize aging skin, visibly increasing its hydration and elasticity for a firmer, more youthful complexion. (Organic, Hormonal Acne, Anti-aging)

50 Minutes \$130

### Corrective Facial

Repairs the visible signs of aging for immediate and lasting results. A Natural Retinol Alternative made with chicory root oligosaccharides and tara tree gum, and revolutionary Swiss Green Apple stem cell technology lift and tighten skin, erase wrinkles and crow's feet, and increase collagen production for skin that appears naturally ageless. (Organic, Anti-Aging) \*Not for sensitive skin.

50 Minutes \$140



## Skin Care – Specialty Facials

### RELAX Sea and Vitamin “C” Signature Facial Treatment

Turn back the hands of time. Designed to rejuvenate the skin by stimulating collagen and elastin synthesis. It acts as a powerful oxygenation and toning treatment as it gives clarifying effects by improving microcirculation, cell regeneration, and the skin’s natural defense mechanisms.

(Uneven Skin Tone, Anti-Aging)

80 Minutes \$165

### Age Defying Facial

Transform mature or dehydrated skin with microcurrent technology. Reduce fine lines and wrinkles and increase collagen production to help your skin regain elasticity.

(Anti-aging)

50 Minutes \$155

### Brightening Facial

Restore even skin tone and target unwanted areas of hyperpigmentation with two masks and a two layer peel. Reverse the signs of premature aging and sun damage with this corrective facial. (Uneven Skin Tone)

50 Minutes \$145

## Skin Care – Specialty Services

### Back Acne Facial

This clarifying back facial is ideal to prepare for beach weather or weddings. Helpful for skin congestion or hormone fluctuations. Begins with a deep cleansing and steam to open pores and lift impurities, followed by a gentle exfoliation and clarifying mask. Leaves your back renewed and refreshed.

50 Minutes \$130

### Teen Facial

Start your personal skin care program with this essential facial. This customized treatment exfoliates and nourishes the skin with rich nutrients to balance, brighten, and clarify. Perfect for the first time spa goer.

50 Minutes \$100

### Cellulite Cupping Therapy

Your technician will begin dry brushing for lymphatic flow then will cup your areas of concern with a firming active oil and finish with Microcurrent therapy.

50 Minutes \$120 wrinkles and crow’s feet, and increase collagen production for skin that appears naturally ageless. (Organic, Anti-Aging) \*Not for sensitive skin.

50 Minutes \$140

## Skin Care – Facial Service Elevations

Elevate Your Facial Treatment with any of the following services to take your treatment to the next level:

### Facial Enhancements

Glycolic Power Peel: Concentrated glycolic peel to reduce fine lines \$25

Firming & Toning: Contour, smooth and tone using Nuface Microcurrent \$35

Neck Rescue: Anti-ageing treatment to help tone the neck \$40

LED Light Therapy: 25 minutes stimulates cell rejuvenation \$60

### Hair Removal

Removal of hair roots.

15 minutes \$50

30 minutes \$80

45 Minutes \$110

## Waxing

Eyebrow	\$25	Chest	\$60	Bikini	\$40
Lip	\$15	Back	\$60	Bikini Narrow	\$50
Nose/Ear	\$15	Arms – Upper	\$35	Brazilian	\$60
Chin	\$15	Arms – Lower	\$35	Legs – Upper	\$40
Cheeks	\$25	Arms – Full	\$65	Legs – Lower	\$45
Face	\$50	Underarm	\$25	Legs – Full	\$70





# Massage

## RELAX Organic Antioxidant Massage

This relaxing Swedish massage will infuse a boost of vitamins and antioxidants with all-natural apricot body oil. A unique blend of grapeseed, jojoba, sea buckthorn and superfood pomegranate oils hydrate, nourish and soothe the skin. Botanically derived vitamins A, C and Coenzyme Q10 ensure your body is on the road to wellness.

50 Minutes \$115 • 80 minutes \$160

## RELAX Escape

With a blissful combination of several different treatments, the RELAX Escape aims to restore balance, increase energy and detoxify the body. The Escape journey includes a foot cleanse, invigorating full body exfoliation, healing hot stone massage with organic oil, a pressure point scalp treatment and reflexology.

110 Minutes \$230

## Hot Stone Massage

Warmed river stones are incorporated with classic Swedish massage techniques in this deeply relaxing full-body massage. Releases muscle tension, increases circulation and flexibility.

50 Minutes \$110 • 80 minutes \$160

## Stretching Yoga Massage

Deep stretching, rhythmic compression and acupressure combine for a Yoga-like massage. Relieves aching muscles and increases energy. Please wear loose fitting clothing.

50 Minutes \$95

## Migraine & Sinus Relief Massage

A calming massage focused on releasing tension in the face and head through the use of acupressure, massage, and cold stones. Techniques to decrease blood flow and relieve pressure help to aid in the discomfort associated with migraine headaches.

25 Minutes \$50 • 50 Minutes \$100

## Chakra Healing

Do you need more focus and balance in your life? This healing treatment helps you clear any negative energy to rebalance your mind-body- soul. This includes positive intentions, essential oils, healing stones, warmed conditioning scalp treatment and foot massage.

50 Minutes \$100

## CBD Massage

This healing treatment brings you the benefits of CBD oil and cupping. Our CBD directly influences muscle, nerve pain, and inflammation. Cupping can enhance the circulation to the treated area. This massage will address up to three areas of chronic pain.

80 Minutes \$160



## Deep Tissue Massage

An intensive treatment that combines stimulating massage techniques to melt fascia in over-stressed muscles. This massage opens the joints and works out the stress with unique stretches and trigger point therapy to release tension.

50 Minutes \$100 • 80 Minutes \$145

## Back & Shoulder Massage

An invigorating experience, this upper body massage is the perfect remedy to specific problem areas, awakening the mind and unwinding achy muscles.

25 Minutes \$50 • 50 Minutes \$95

## Pregnancy Massage

Providing comfort and care during this special time, the gentle touch of massage coupled with careful stretching during pregnancy benefits both mother and baby. Available in the second and third trimester.

50 Minutes \$100 • 80 Minutes \$150

## Reflexology Foot Massage

Reflexology therapy will leave you walking on clouds. This ancient ritual focuses on pressure points on the soles of your feet, restoring energy pathways throughout your body.

25 Minutes \$50 • 50 Minutes \$95

## Swedish Massage

Indulge yourself with this relaxing technique that involves long broad strokes, with kneading and friction, to improve circulation and alleviate stress and fatigue. Perfect for those who seek simple relaxation.

50 Minutes \$100 • 80 Minutes \$150 • 110 Minutes \$200

## Couples Massage

RELAX as two therapists perform side-by-side Swedish massages that encourage unity, connection and collective calm. Enjoy a luxurious private spa room and soothing sounds to help ease stress and unwind.

Priced for two. 50 Minutes \$200 • 80 Minutes \$300

## Massage Enhancements:

Deep Tissue	\$10
CBD Pain Relief	\$15
Aromatherapy Massage	\$15
Add On Cupping	\$20



## Body Treatments

### Lazy Days Tub Ritual - Tub

Immerse in a tub for this simple tranquility. Cleanse and soften your skin with a vitamin-infused soak featuring jojoba oil, apricot kernel oil and pomegranate seed oil. Follow your relaxing soak with a gentle Swedish massage and emerge renewed. 80 Minutes \$160

### RELAX Nourishing Body Scrub

You are massaged with a raw cane sugar scrub to stimulate oxygen flow and encourage cell renewal. Next, relax as warm antioxidant-rich oil is applied and you are cocooned in a wrap. Deeply restoring the body head-to-toe, while slimming target areas, and leaving your skin velvety smooth with an irresistible glow. 50 Minutes \$110

### Serenity Dreams

A nourishing shea body wrap infused with our Signature scent lightly massaged into the skin. This treatment includes foot scrub and massage. 50 Minutes \$120

### Foot Scrub and Massage

Invigorating foot scrub, followed by a revitalizing foot massage to wake up tired feet. 25 Minutes \$50

## Manicure

### RELAX Signature Manicure

Reveal more youthful skin with this signature experience. Treat signs of aging on the back of your hands with our powerful age corrective solution. This treatment is a 'facial for your hands' and includes an exfoliation, mask, serum and hydration. 50 Minutes \$60

### Seasonal Manicure

Experience this aromatic manicure that changes with the season. 50 Minutes \$55

### Classic Manicure

Experience this classic favorite manicure including hydrating agave oil to soothe and protect skin. A hydrating paraffin treatment provides rejuvenating results. 50 Minutes \$50

### Gel Manicure

Zero drying time, no-chips, lasts up to 14 days with no damage to natural nails. Includes easy, gentle, professional removal of polish applied at our spa. 50 Minutes \$40

## Pedicure

### RELAX Signature Pedicure

Soften and hydrate with a raw cane sugar scrub followed by a warm antioxidant-rich wrap. Nails are shaped and polished to perfection. 80 minutes \$95

### Lavender Scrub Pedicure

Experience bliss with a cleansing soak, scrub and nail shaping. Finish the experience with a hot stone foot massage. 50 Minutes \$70

### Seasonal Pedicure

Experience this aromatic pedicure that changes with the season. 50 Minutes \$65

### Classic Pedicure

Experience this classic favorite pedicure including hydrating agave oil to soothe and protect skin. 50 Minutes \$60



## Nail Enhancements

French Polish	\$10	Honey Heel Glaze	\$15
Paraffin Treatment	\$10	Gel Polish Application	\$15



## RELAX The Spa Packages

### Couples Spa Day \$500

Enjoy our relaxing Swedish couples massage, 50 minutes, followed by our Organic VitaSkin Facials and Classic Pedicures. A wonderful way to spend time with someone special.

### RELAX Signature Spa Day \$350

Begin with a RELAX Antioxidant 50 minute massage. Then experience a Vitamin "C" Signature Facial to rejuvenate the skin. Finish with the RELAX Signature Organic Pedicure to soften and hydrate. Emerge renewed!

### Spa Classics \$240

Start off with a relaxing, therapeutic Swedish massage, 50 minutes. Next enjoy an Organic VitaSkin Facial that cleanses and conditions the skin. Complete your blissful spa retreat with a Classic Pedicure.

### Great Expectations \$250

Our 50 minute Pregnancy Massage eases pregnancy aches and pains. An Organic VitaSkin Facial and Classic Pedicure rejuvenate the skin and soothe tired feet.

## Spa Etiquette

Please arrive 15 minutes prior to your scheduled appointment time to ensure a stress free spa visit. For a new guest, please allow 30 minutes to allow time for the guest profile. Delayed arrival will limit the time for your experience, and the full price of your service will be charged. Please notify our staff of any special physical or medical needs or conditions they need to consider prior to your services (i.e. pregnancy, food or product sensitivities or aggressive medications).

### No Show & Cancellation Policy

We ask that appointments be guaranteed against late cancellation or rescheduling with a major credit card. When you book an appointment, that time is set aside for you, and missed appointments prevent us from accommodating other clients. If you cancel the day of your appointment, or if you do not show up for your appointment, you will be charged 50% of the treatments scheduled. This policy helps us to retain great employees. If an emergency situation arises, please let us know so that we can treat your specific situation with personal attention. We recognize that there are circumstances that are out of your control (sudden illness, family emergencies, etc.) and we may make an exception to the above policies on those rare occasions.

RELAX The Spa Gift Cards may be used to purchase products and services at face value. This card cannot be used to purchase other gift cards. This card

is non-refundable and may not be redeemed for cash. Any unused balance will remain on the card. This card is not transferable and RELAX The Spa is not responsible for any lost, stolen, damaged or unauthorized use of the card.

Gratuities are not included in the value of the services and are at the discretion of the guest.

**RELAX**  
The Spa 

235 High Street Extension  
Victor, New York 14564

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[www.relaxthespa.com](http://www.relaxthespa.com)

Download our RELAX The Spa app for online reservations.

Sunday	10am – 6pm
Monday	10am – 7pm
Tuesday	10am – 7pm
Wednesday	10am – 7pm
Thursday	10am – 8pm
Friday	9am – 8pm
Saturday	9am – 7pm

