

CAMERDOWN

THURSDAY 27/12	HOLLYWOOD 13 POLES/10 HAMMOCKS	WEST END 13 POLES	SUNSET 14 POLES	VEGAS 14 POLES	BROADWAY 8 POLES	LOFT 1 BARRE	LOFT 2 BARRE	LOFT 3
6pm-7pm	AERIAL CONDITIONING Cat		EXOTIC POLE Lennox	ROCK N POLE Ash			HAA Karissa	
7pm-8pm	HAMMOCK - Beg/L1 Cat	BEG SPINS Ariana	FLEXY POLE TRICKS Lennox	F**K THE FLOOR Dot			SPLITS CHALLENGE Karissa	CHAIR & LAP Violet
8pm-9pm	HAMMOCK - L2/L3 Cat		HANDSPRINGS, DEADLIFTS & MUSCLE UPS Lennox	PRACTICE TIME				CHAIR & LAP (Int/Adv) Violet

FRIDAY 28/12	HOLLYWOOD 13 POLES/10 HAMMOCKS	WEST END 13 POLES	SUNSET 14 POLES	VEGAS 14 POLES	BROADWAY 8 POLES	LOFT 1 BARRE	LOFT 2 BARRE	LOFT 3
6pm-7pm	HAMMOCK FLOW Cynthia	BEG CLIMBS & SITS Lainie	SEXY FLOORWORK Bonny					BURLESQUE Ash
7pm-8pm		BEG SPINS Lainie	FILTHY POLE'OGRAPHY Bonny	EXOTIC - BEGINNERS Astral		BADASS BARRE Cynthia		
8pm-9pm			FILTHY POLE'OGRAPHY Bonny			SPLITS CHALLENGE Cynthia		CONTORTION Astral

SAT 29/12	HOLLYWOOD 13 POLES/10 HAMMOCKS	WEST END 13 POLES	SUNSET 14 POLES	VEGAS 14 POLES	BROADWAY 8 POLES	LOFT 1 BARRE	LOFT 2 BARRE	LOFT 3
10am-11am	AERIAL YOGA Ash	BATS & HANGBACKS Sara						HAA Karissa
11am-12pm	HAMMOCK - BEGINNERS Ash	BEG SPINS & COMBOS Sara		LATIN POLE Ariana				FLEX Karissa
12pm-1pm				TECHNIQUE CLINIC Ariana				GLAM LAP DANCE Karly

SUN 30/12	HOLLYWOOD 13 POLES/10 HAMMOCKS	WEST END 13 POLES	SUNSET 14 POLES	VEGAS 14 POLES	BROADWAY 8 POLES	LOFT 1 BARRE	LOFT 2 BARRE	LOFT 3
11am-12pm			ALL ABOUT AYESHAS Lennox	STRADDLE SCHOOL Karissa		HAA Cynthia		
12pm-1pm			EXOTIC POLE Lennox	BEG SPINS & COMBOS Karissa		FLEX Cynthia		
1pm-2pm	HAMMOCK FLOW Cynthia		BEG POLE'OGRAPHY Lainie	INT/ADV TRICKS Lennox				
2pm-3pm	STATIC FLOW Cynthia					SPLITS Lennox		CHAIR & LAP Lainie

MON 31/12	HOLLYWOOD 13 POLES/10 HAMMOCKS	WEST END 13 POLES	SUNSET 14 POLES	VEGAS 14 POLES	BROADWAY 8 POLES	LOFT 1 BARRE	LOFT 2 BARRE	LOFT 3
10am-11am								HAA Karissa
11am-12pm								SPLITS Karissa

WED 2/1	HOLLYWOOD 13 POLES/10 HAMMOCKS	WEST END 13 POLES	SUNSET 14 POLES	VEGAS 14 POLES	BROADWAY 8 POLES	LOFT 1 BARRE	LOFT 2 BARRE	LOFT 3
5pm-6pm	POLE HANDSTANDS Luna							SPLITS Lorna
6pm-7pm	HAMMOCK TRICKS - OPEN Luna	BEG POLE'OGRAPHY Lainie	POLE AEROBICS Ash	ADV TRICKS Chris				HANDSTANDS & ACRO Lorna
7pm-8pm	FLEXY POLE TRICKS Luna	BEG SPINS & COMBOS Lainie	GANGSTA CHOREY Lorna	SHOULDER MOUNTS Chris			BURLESQUE Ash	
8pm-9pm	CONTEMPORARY Dot		STATIC Lorna	EXOTIC POLE Chris				CONTORTION Luna

THURS 3/1	HOLLYWOOD 13 POLES/10 HAMMOCKS	WEST END 13 POLES	SUNSET 14 POLES	VEGAS 14 POLES	BROADWAY 8 POLES	LOFT 1 BARRE	LOFT 2 BARRE	LOFT 3
6pm-7pm	AERIAL CONDITIONING Cat	BEG SPINS Ariana	FLIPS & SHIT Lorna	ROCK N POLE Ash		Costume Bling Bonny	HAA Karissa	PURE FLOOR Luna
7pm-8pm	HAMMOCK - Beg/L1 Cat	LATIN POLE Ariana	STATIC - BEGINNERS Lorna	EXOTIC POLE TRICKS (INT/ADV) Luna			SPLITS CHALLENGE Karissa	CHAIR & LAP Violet
8pm-9pm	HAMMOCK - L2/L3 Cat		ADV TRICKS Lorna	RUSSIAN EXOTIC Luna				CHAIR & LAP (Int/Adv) Violet

FRI 4/1	HOLLYWOOD 13 POLES/10 HAMMOCKS	WEST END 13 POLES	SUNSET 14 POLES	VEGAS 14 POLES	BROADWAY 8 POLES	LOFT 1 BARRE	LOFT 2 BARRE	LOFT 3
1pm-2pm								GLAM LAP DANCE Karly
5pm-6pm								
6pm-7pm	HAMMOCK FLOW Cynthia		SEXY FLOORWORK Bonny	BEG SPINS & COMBOS Lainie				BURLESQUE Ash
7pm-8pm			FILTHY POLE'OGRAPHY Bonny	INT SPINS & COMBOS (T1-T3) Lainie		BADASS BARRE Cynthia		
8pm-9pm			FILTHY POLE'OGRAPHY Bonny			SPLITS Cynthia		

SAT 5/1	HOLLYWOOD 13 POLES/10 HAMMOCKS	WEST END 13 POLES	SUNSET 14 POLES	VEGAS 14 POLES	BROADWAY 8 POLES	LOFT 1 BARRE	LOFT 2 BARRE	LOFT 3
10am-11am	HAMMOCK - OPEN LEVEL Luna					HAA Karissa		HANDSTANDS & ACRO Lorna
11am-12pm	DOUBLES POLE - BEG Luna	BATS & HANGBACKS Sara	FLIPS & SHIT Lorna			FLEX Karissa		TWERK'NIQUE Rere
12pm-1pm	INT/ADV TRICKS & COMBOS Luna	STRADDLE SCHOOL Sara	GANGSTA CHOREY Lorna					TWERK'OGRAPHY Rere
1pm-2pm			STRENGTH TRICKS Lorna					CONTORTION Luna

SUN 6/1	HOLLYWOOD 13 POLES/10 HAMMOCKS	WEST END 13 POLES	SUNSET 14 POLES	VEGAS 14 POLES	BROADWAY 8 POLES	LOFT 1 BARRE	LOFT 2 BARRE	LOFT 3
11am-12pm			POLE HANDSTANDS Luna	BRITNEY Lennox		HAA Cynthia		
12pm-1pm				BRITNEY Lennox		FLEX Cynthia		PURE FLOOR Luna
1pm-2pm	CONTEMPORARY Cynthia		DOUBLES POLE - INT/ADV Luna & Lennox					
2pm-3pm	STATIC FLOW Cynthia		POLE'TERNATIVE Luna	INT/ADV TRICKS & SPINS Lennox				
3pm-4pm	HAMMOCK FLOW Cynthia		EXOTIC POLE TRICKS (Open Level) Luna			SPLITS Lennox		