

## Gymnastics programmes

The Little Gym®, the leading gymnastic based skill development programme, has over 40 years of experience developing children's skills and confidence around the world. Our programme of weekly classes promotes coordination, balance, rhythm and flexibility and enhances your child's listening, emotional, social and intellectual skills. Children thrive in our non-competitive environment where professional and friendly instructors reward children for their individual effort. Running. Jumping. Tumbling. Exploring. The Little Gym® uses age-appropriate, innovative and fun activities to bring out the best in each individual child. Children meet new friends, share new experiences and most importantly just have fun.

## Holiday Camps

Holidays are no time to be bored! At The Little Gym®, holidays are made fun. Children are on the go all the time because our camps offer a fabulous variety of fun, activity, learning and creativity. Our non-competitive skill building camps provide children with an opportunity for fitness, fun and total development. The programmes stimulate physical and motor skill development with games, gymnastics and creative workshops. Children love them...

## Classes & Programmes

### Parent-Child (4-36 months)

As parents, you take part in these fun and interactive classes, celebrating the exploration of basic motor and social skills together with your child.

### Pre-school Gymnastics (3-6 years)

Classes enable your child to discover gymnastics-based movements and stimulate their motor, social and cognitive skills.

### Primary School (6-12 years)

Beginners, intermediate and advanced classes in which students conquer the mat, vault, bar and beam.

### Camps (3-12 years)

During the school holidays, rain or shine, The Little Gym camps provide children with a fabulous variety of fun, activity, learning and creativity. Themed sessions that change every week stimulate physical and motor skill development with games and gymnastics, all in the care of our qualified and dedicated team of instructors.

Want to be an owner with The Little Gym®?  
[www.thelittlegymfranchise.eu](http://www.thelittlegymfranchise.eu)

## Pricing

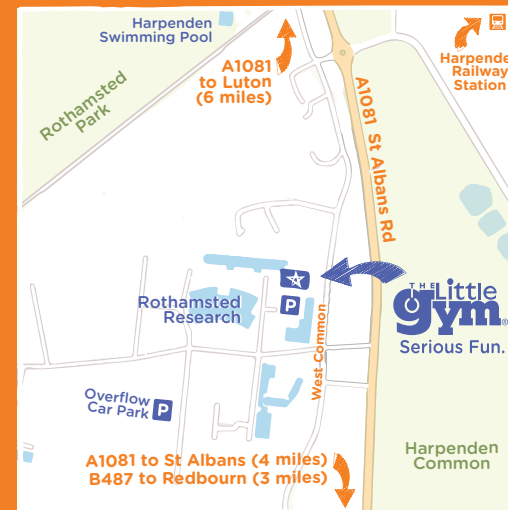
For 1.5 hours long.

Members £300  
 Non-Members £340

Price includes 15 children including the birthday child.

Additional Child £12  
 Non Refundable deposit £50

We only charge for the number of children that attend the party, not the number that you invite. Max 25 children



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THE Little Gym®  
 Serious Fun.



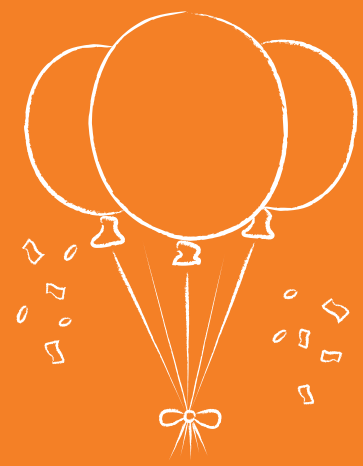
THE LITTLE GYM  
 BIRTHDAY PARTIES



## Welcome to The Little Gym®

Thank you for your interest in celebrating your child's birthday with us. Children love our Birthday Parties and so do Mums and Dads. The Little Gym® Birthday Parties is a time to relax and enjoy the fully supervised party where you have exclusive use of the whole gym.

Our custom designed facilities are complimented by our lively and friendly staff. Every party includes plenty of music, movement, games and FUN. We mean it when we say our birthdays are no fuss; because we do everything from providing the invitations to the clean-up of the party. Children have a blast and parents can sit back and enjoy the special occasion.



## Why The Birthday Party is so special

Children will have one hour to explore the gym where instructors will facilitate age-appropriate games and physical activities. We use our specialist gymnastic equipment (bars, beams and tumble area) as well as our parachute, balls and hoops. After an hour of fun and games in the gym, we have time for Birthday cake in our specially decorated party area. The party is private so your child and birthday guests will have 100% of our attention.

We handle all the details...  
you just show up with the children.

## What we provide

- Exclusive use of our facility plus free parking, inc. party room /kitchen, lounge area & Gym.
- The Little Gym invitations.
- 2 Qualified instructors to lead your party and assist with the setting up and cleaning up.
- Choose your party room set up from our new birthday themes. We provide cups, plates, juice/water at each setting.
- We provide tea/coffee/water for adults.

## You provide

- Birthday Tea and Cake  
We have a catered party option available
- Other beverages for adult guests (no red wine please)
- Party bags



## Book your Birthday Party

The LittleGym® runs parties for children from 1 to 12 years of age.

Party slots are available on:

Sundays at 10.00-11.30, 13.00-14.30 or 16.00-17.30

from 7th September - 1st November

Sundays at 14.00-15.30 or 16.30-18:00 from 8th November - 18th July

## Call us for availability

01582 712423