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Live Radiantly

If you're being called, I may have a gift for you...

Jacksonville needs more Holy Yoga instructors, and God is calling me to help make that happen. I felt so passionate about it, I contacted our leadership to explore the possibilities. In partnership with Holy Yoga International, I am offering a **PAID** instructor training!

The training details

New instructors: 9 week, at-home online immersion. Start dates January 6 or March 11. In addition to the immersion, there is a (mandatory) 6-day, in-person retreat intensive (held in Arizona May 5-10). 225-hr certification at completion. *Existing instructors*: Same as above, with a 6 week immersion instead of 9, including retreat intensive in AZ. 95 hr certification at completion.

The Contest

Those who feel called to this ministry, please submit a detailed, written document to me outlining why you would want to make this investment of your

time and energy. Please also submit 2 recommendations (informal). *Really pray about it.* **Deadline** for submission is **December 4**. I will select the top 3 candidates and quickly plan in-person meetings to narrow it to our scholarship winner.

The Value/Cost

This is a valuable undertaking (training value is thousands of dollars, and benefit to the right person is potentially priceless). Training cost will be covered, but all travel expenses to Arizona would be covered by the candidate (know anyone with frequent flyer miles? ask for provision!).

<u>The Who</u>

Ladies, this calling could be on any of you. I met people in my training class who were instructors, who were not but had done yoga for years, and I met individuals that had barely been exposed to yoga at all (which blew my mind, but it's not mine to call!). I am seeking the individual who is most passionate about carrying out this ministry, particularly in the Jax Beaches area!

Please email me at cheryl@transformandradiate.com with questions!

Download an instructor packet with details here

Holy Yoga Invites you to This Week's Slow Flow Yoga

Shoes of Peace



Today: On South Roscoe Blvd

Monday November 26



6:30 PM PVPC

Tuesday November 27 9:00 AM 201 South Roscoe Blvd, Ponte Vedra

"Stand on your feet alert, then you'll always be ready to share the blessings of peace." Eph 6:15 TPT

Donation based (\$5 suggested) and bring a yoga mat and water (and a block if available)

Week 3 of our series on the Armor of God... who wants more peace in their life? (Me! Me!) I promise you will *feel* more peaceful after class... but more than that, hear God's Word on how to take it off the mat and into your days.

Week 2 (today at 9:00): Breastplate of Righteousness.

Be sure to check out class listings at: <u>https://transformandradiate.com/pages/classes</u>. Don't forget to register!



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