



Upper Midwest Golden Gloves Region 1 Tournament
2020 Fact Sheet

Date: Sunday, March 15th, 2020

Location: Murzyn Hall
530 Mill Street NE
Columbia Heights, MN 55421
Gym 612-822-1964
lisa@uppercutgym.com

Registration: Male & Female Boxers wanting to participate in the UMGG Reg 1 Tournament MUST fill out a registration form - this form must be received by
Uppercut Gym by 12 noon Saturday, March 7th, 2020 NO EXCEPTIONS! Please read the **UMGG Fact Sheet** for tournament requirements. Return to
lisa@uppercutgym.com

Matched Bouts: Uppercut will be matching non-tournament bouts, if you have a boxer you would like matched, please contact Lisa asap.

Doors: doors 1pm, boxing 2pm

Weigh Ins: Sunday, March 15th 2020
Fire House Gym (across from Murzyn Hall)
555 Mill Street
Columbia Heights, MN 55421
10:00am Tournament weigh in's
11:00am matched bouts weigh in's

Medicals: 11:00pm (all medicals)

Weight Classes: Males: 108, 114, 123, 132, 141, 152, 165, 178, 201, 201+
Females: 106lbs, 112lbs, 119lbs, 125lbs, 132lbs, 141lbs, 152lbs, 165lbs, 178lbs, 178+lbs

Dress/Rules: Must be clean shaven, all jewelry removed before you step on the scale. No orange, red or pink mouth guards are allowed. Boxer must have a contrasting waistband on uniform, have a USA boxing approved heard gear. All hair must be secured UNDER the headgear. Must have 5 bouts to enter advancing tournament. Must be a US Citizen or proof of residency in the US for one (1) year. Refer to UMGG Fact Sheet.

Box Offs: At the Region 2 tournament Element Gym in St. Paul- March 28th or 29th (contact Dalton for details: Dalton.face.outlaw@gmail.com)