

Uppercut Gym Instructor Schedule

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 RSB Kim, Meri 9:00 Focus 2 Sarah 10:00 CT Peter 11:00 Teen Peter, Brie Meri Desk: Bailey
2 <u>Teen Sparring</u> Tues & Thurs 6pm <u>Adult Sparring</u> Mon – Thurs 5:30pm-ends Sat 8am-noon	3 12 CT Kim 5:00 IC Sarah 6:00 CT Seko 6:15 Focus 1 Peter 6:30 ABT Sarah Desk: Franny (open)	4 9:30 RSB Katie/Kim 12 IC Kim 5:30 B&B Kara 6:00 Kick Seko 6:30 Bag Andy 7:00 Teen2 James O Desk: Franny (open)	5 12 CT Tabitha 5:00 IC Vanessa 6:00 CT Brie 6:15 Focus1 Lisa 6:30 Intro Sarah Desk: Katie B.(open)	6 9:30 RSB Kat/James B 12 IC James B 5:30 B&B Chris 6:00 Kick Seko 6:30 Bag Chris 7 :00 Teen2 Elliott Desk: Bailey (open)	7 5:30 IC Chris 5:45-6:45 private class: Ray & Elliott	8 9:00 Focus 2 Bryan 10:00 CT Peter 11:00 Teen; Peter, Elliott, Sarah Desk: Franny Physicals 10am-noon
9	10 12 CT Tabitha 5:00 IC Brie 6:00 CT Seko 6:15 F1 Peter Desk: Franny (open)	11 9:30 RSB JeremyKat 12 IC Jeremy 5:30 B&B Kara 6:00 Kick Seko 6:30 Bag Andy 7:00 Teen2 James O. Desk: Mary (open)	12 12 CT Tabitha 5:00 IC Sarah 5:30 Drills Ray 6:00 CT Vanessa 6:15 Focus1 Sarah 6:30 Intro Lisa Desk: Katie B.(open)	13 9:30 RSB Meri/James B 12 IC James B 5:30 B&B Chris 6:00 Kick Seko 6:30 Bag Chris 7 :00 Teen2 Jason H. Desk Bailey (open)	14 gym closed private event	15 8:00 RSB Kim 9:00 Focus 2 Sarah 10:00 CT Peter 10:30 Intro Lisa 11:00 Teen Peter, Sarah Tabitha Desk: Brie
16	17 12 CT Tabitha 5:00 IC Sarah 6:00 CT Seko 6:15 Focus 1 Peter 6:30 ABT Sarah Desk: Franny (open)	18 9:30 RSB Kim/Katie 12 IC Kim 5:30 B&B Kara 6:00 Kick Seko 6:30 Bag Andy 7:00 Teen2 James O. Desk: Mary (open)	19 12 CT Tabitha 5:00 IC James B 6:00 CT Vanessa 6:15 Focus1 Jacob 6:30 Intro James B. Desk: Katie B.(open)	20 9:30 RSB James/Jeremy 12 IC James B 5:30 B&B Chris 6:00 Kick Seko 6:30 Bag Chris 7 :00 Teen2 Jason H. Desk: Bailey (open)	21 5:30 IC Peter	22 9:00 Focus 2 Peter 10:00 CT Alex 11:00 Teen; Peter, Jeremy Tabitha Desk: Mary
23	24 gym 10am-1:30pm 12:00 IC Lisa _____30 gym 10am-1:30pm 12:00 IC Lisa	25 Gym Closed	26 12 CT Tabitha 5:00 IC Lisa 6:15 F1 Lisa Desk: Lisa	27 9:30 RSB Jeremy/James 12 IC Jeremy 5:30 B&B Chris 6:00 Kick Seko 6:30 Bag Chris 7 :00 Teen2 Elliott Desk: Lisa (open)	28 5:30 IC Peter	29 8:00 RSB Kim/Meri 9:00 Focus 2 Lisa 10:00 CT Peter 11:00 Teen; Peter, Elliott, Jeremy Desk: Katie B.

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