

# USA Boxing

## Boxers Uniform Guidelines

All female boxers MUST have a Declaration of Non-Pregnancy signed-if under 18 must be signed by parent/legal caretaker-NOT a coach.

1. Red and blue uniforms, in conjunction with the assigned corner are recommended for all USA Boxing competitions-they are NOT required.
2. No nicknames or phrases will be permitted on the competition uniform.
3. Boxers are permitted to have last name screen printed or embroidered on the back of the jersey.
4. No adornment may be affixed to the trunks such as a metal or plastic objects, sequins, etc.
5. Boxers must wear a sleeveless athletic shirt (singlet or jersey), of a different color from the waistband of the trunks.
6. Sponsors and/clubs logos will be permitted on competition uniform. Slogans must be a part of the sponsor and/or club logo to be included on the competition.
7. Boxers must wear a pair of loose-fitting trunks that reach halfway down the thigh, no lower than the knees. The trunks must provide a waistband of a different color than the athletic shirt.
8. No tights may be worn under competition trunks.
9. No knee braces with metal support may be worn.
10. No tape or brace supports may be worn on shoulders or elbows of the boxer competing.
11. Trunks cannot have fabric that is partially attached and therefore able to flap with the movement of the Boxer-this includes "gladiator/Thai" type trunks, fringe and tassels.
12. Boxers are permitted to have their last name embroidered onto the competition trunks as long as it is a different color from the competition singlet/jersey.
13. Boxers are not permitted to wear additional apparel other than the competition uniform into the ring or upon completion of the bout while in the ring before the announcement of the winner.
14. If USA Boxing or Golden Gloves provides competition uniforms, those competition uniforms must be worn by all boxers.
15. No tape or binding of any kind will be permitted on the competition uniforms at national competition of competition leading to national competition. This rule may be relaxed at the local and LBC level (to support waistband rule).
16. A full No Foul protector must be worn by male boxers.
17. NO red, pink, orange or any mixture of those color mouth guards are allowed!!!
18. ALL hair MUST be under headgear! No braids or hair can be out of the head gear.
19. ONLY USA Boxing head gear that is stamped with USA approval is permitted for competition.