

Behind the Veil



VAIL COMMUNITIES
CULTIVATING HOPE FOR MENTAL HEALTH & WELLBEING



November 2025

Fall is finally here! —♡

Chilly mornings, crisp air, and leaves falling - oh my! Our Minnesota fall has finally arrived! We hope that your October was filled with hope, rest, and warmth. This past month at Vail Communities was a busy yet rewarding one - we celebrated our very first CarniVail at the beginning of October, along with some fun events at our Clubhouses!

In November, we have lots to look forward to and lots to celebrate! We hope your transition into fall has been smooth and restful. As always, thank you for supporting us and following along!

*Targeted Case Management
in Ramsey County!*



Vail Communities is SO excited to announce a new partnership with Ramsey County to provide Targeted Case Management (TCM) services to its community! Our TCM services connect community members with essential resources such as housing, transportation, mental health support, nutrition, economic assistance, and other services that promote wellness and recovery. Our approach is person-centered and collaborative. Not only do we work directly with individuals, but also those that our clients care most about to ensure consistent, high-quality, and coordinated care.

We are proud to continue serving Hennepin County in this role for over 25 years and are honored to extend this care and commitment to the residents of Ramsey County!

give TO THE **MAX**
Nov. 20, 2025

Although Give to the Max Day isn't until November 20th, Early Giving starts NOW! This annual fundraiser helps nonprofits like us deliver essential services and programs to our clients and members. Please consider making a donation and help us create pathways of recovery through relationships, purpose, and opportunity! Scan the QR Code below to learn more or visit:

<https://www.givemn.org/story/yd1yff>.



**SCAN
ME!**

Call for Food Donations!



Due to the government shutdown, SNAP benefits for millions of Americans are set to expire Nov. 1st. This is a crisis that will leave individuals, **including over 50% of Vail clients and clubhouse members**, without adequate access to food and nutrition. We are looking for donations of nonperishable foods, bakery goods, and fresh fruit and vegetables for meals at our Clubhouses and to stock our resource pantries. Donations can be dropped off at the Hopkins and Uptown Clubhouses, or financial donations can be made online. Thank you in advance!

LEAP Model Training

Targeted Case Management & Integrated Partnerships recently launched a four-part training series focused on the LEAP Model. This model, which stands for Listen, Empathize, Agree, & Partner, is an evidence-based communication approach created by Dr. Xavier Amador. The LEAP Model is specifically designed to enhance relationships with individuals - particularly those who struggle with acknowledging or understanding their mental illness - by building trust and forming meaningful connections.

Rather than relying on confrontation or persuasion, LEAP emphasizes active listening, genuine empathy, identifying common ground, and collaboration. Using this method, our case managers and system navigators aim to establish mutual respect and understanding, which can encourage individuals to engage more willingly with treatment plans and available supports.

Housing Update

After the planned termination of Housing Stabilization Services was announced, DHS opened a 30-day public comment period to collect feedback from providers regarding the closure of the program. Upon the conclusion of the public comment period, DHS published an update to share that the program will formally end on Oct. 31, 2025. HSS services can continue to be delivered to active participants until that date, but billable activity must stop effective Nov. 1st. Information on an alternate state housing program has not yet been released. Vail Communities will continue to monitor updates from the state regarding the launch of a new statewide housing support program designed to take the place of HSS. In the meantime, Vail Communities is working with HSS recipients to prepare them for program closure as well as identify existing gap-filler resources for those with ongoing needs.

CarniVail Recap!

At the beginning of October, Vail Communities hosted its first-ever CarniVail celebration! We were joined by Clubhouse Members, community members, and supporters to raise money and awareness for mental health! What a beautiful day and great turnout! Thanks to everyone who volunteered, donated, and joined us at the event!



Thanks for reading! Follow us on Facebook and Instagram for more updates!

