



Behind the Vail



VAIL COMMUNITIES
CULTIVATING HOPE FOR MENTAL HEALTH & WELLBEING

July 2026



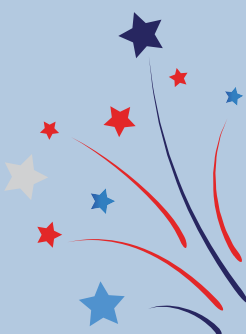
Happy Fourth of July!

From everyone here at Vail: we hope you've had a great summer so far! There's nothing quite like Minnesota during the summertime - we wish you plenty of rest, joy, relaxation, and sunshine! We also wish you a fun and safe Fourth of July. Here's a quick recipe for a healthy and yummy snack cup!



Blueberries
Cheese sticks
Pretzel sticks
Strawberries

Enjoy!



History Theatre on YouTube!

The full performance of this year's History Theatre is now available to watch on our YouTube channel! Thank you to the MN State Arts Board for supporting this important event. Watch here:

https://www.youtube.com/watch?v=r421ta9k_T0&t=4s



Save the Date

VAIL COMMUNITIES INVITES YOU
THURSDAY, OCTOBER 8, 2026
Metropolitan Ballroom & Clubroom
5:00PM-7:30PM

AUTUMN Gala

A Fundraiser for Vail's Clubhouse Program



FEATURING GUEST SPEAKER

Roxane Battle

Plated Dinner, Cash Bar,
Conversation, & Community!



A Special Thank You

Vail Communities would like to extend a special thank you to the Fred C. & Katherine B. Andersen Foundation and Xcel Energy Foundation. Their generosity and support means the world to us! We'd also like to thank our current sponsors for the 2026 Autumn Gala: Blaze Credit Union, Delta Dental of Minnesota, Burleson Family Giving Fund, and Cheryl Collins. Thank you for making this gala possible and for your continued support of our mission!

Immediate Need for Donated Items!

Our Clubhouses are in need of some items to support our Members during the summer months! Each Clubhouse has a resource pantry where we store items including food, clothing, hygiene items, and other essentials to support member wellbeing.

Specifically, we're looking for donations of:

- Bus passes (*needed at all three Clubhouses*)
- Deodorant (*needed at RamCo Clubhouse*)
- New or gently used shorts/pants, unisex or masculine, larger sizes XL-4XL (*needed at Uptown Clubhouse*)
- New/unworn underwear, all sizes and genders but particularly larger sizes for men (*needed at Uptown Clubhouse*)

Items can be dropped off at any Clubhouse or at H2. Thank you in advance for supporting our Members!



Hopkins Pride

Vail had a great time at Hopkins Pride! Thanks to everyone who stopped by, said hi, and showed your support for the LGBTQ+ community!



An Addition to Vail's Housing Team



Vail's Rapid Rehousing program was selected by Hennepin County to receive additional funding to expand service delivery in our current grant term. As a result, the program will be growing by an additional full-time staff member with a focus on housing navigation. This will create additional support during the transition from emergency shelter to independent housing, the most critical juncture of a household's participation in the program. The additional funding will also allow the team to increase the overall number of households served and the amount of available client direct assistance dollars.

RamCo's 2-Year Party!

Last week, Vail celebrated RamCo's 2-Year Birthday! What an incredible two years it has been - we are so honored, proud, and humbled to serve the Rondo neighborhood and surrounding St. Paul community. It's been incredible to see the Clubhouse grow, evolve, and flourish! Here's to the next two years - and many, many more!



Thank you to our incredible RamCo staff and Members who make it such a special place!