



Clubhouse Hours
M-F 8:30-4:30p
Thursdays open til 6:30pm
Weekend: Zoom Socials/Outings

HOPKINS CLUBHOUSE – SEPTEMBER 2025

OPEN RESOURCE HOUR FROM 2-3P IN THE RESOURCE ROOM!

Daily Meetings:

AM 9:00 Morning Meeting,
 9:15 - 9:30 Dept. Meetings
PM Dept Meeting after 1p
 Meeting

MONDAY	TUESDAY	WEDNESDAY	THURSDAY OPEN TIL 6:30PM	FRIDAY	SAT & SUN
1 Labor Day Clubhouse is open 10-2pm	2 10:00 Development Mtg 1:30-3 History Theatre	3 10:00 CAV Meeting 1:00 Shared DMM 2:00 Baking Club	4 9:30 New Member Orientation 11:00 TE Development 1:00 Menu Planning 3:00 Group Movement 4:00 Inside Out Movie Social	5 10:00 Clubhouse Planning 11:00 Young Adult Committee 1:00 Week at a Close 3:00 Social Rec	6 Saturday 9:00 Walk/Run Club @ Uptown Hopkins Outing: Out to eat at the Convention Grill in Edina- Leaving from Hopkins at 11:15! 7 Sunday 1:00 Lunch Bunch w/ Randy
8 11:00 Clubhouse Philosophy 1:00 Week at a Glance 2:00 Resource Hour: Tech Support W/Blake 3:00 Art Social: Watercolor	9 10:00 Development Mtg 1:30-3 History Theatre Shuttle coming from Uptown at 11am	10 10:00 Enrollment Committee 1:00 DMM 2:00 Baking Club	11 9:30 New Member Orientation 11:00 TE Development 1:00 Menu Planning 3:00 Nature Walk 4:00 Cake in a Mug Birthday Social	12 10:00 Clubhouse Planning 11:00 Young Adult Committee 1:00 Week at a Close 3:00 Social Rec	13 Saturday 9:00 Walk/Run Club @ Uptown Uptown Clubhouse Open 11-2p 14 Sunday 1:00 Lunch Bunch w/ Randy
C a m p i n g T r i p					
15 11:00 Clubhouse Philosophy 1:00 Week at a Glance 2:00 Resource Hour 3:00 Art Social: Huge Coloring Sheet	16 10:00 Development Mtg 1:30-3 History Theatre	17 10:00 CAV Meeting 1:00 DMM 2:00 Baking Club	18 9:30 New Member Orientation 11:00 TE Development 1:00 Menu Planning 3:00 Pangoes Walk for Smoothies 4:00 Nintendo and/or Board Game Social	19 10:00 Clubhouse Planning 11:00 Young Adult Committee 1:00 Week at a Close 3:00 Social Rec	20 Saturday 9:00 Walk/Run Club @ Uptown Uptown Outing: 10:30 Movie Theater Outing w/Theo- Leaving from Uptown 21 Sunday 1:00 Lunch Bunch w/ Randy
22 11:00 Clubhouse Philosophy 1:00 Week at a Glance 2:00 Resource Hour: What Is AI? 3:00 Art Social: Acrylic Painting	23 10:00 Development Mtg 1:30-3 History Theatre Shuttle to Uptown at 11am	24 10:00 Enrollment Committee 1:00 DMM 2:00 Baking Club	25 9:30 New Member Orientation 11:00 TE Development 1:00 Menu Planning 3:00 Group Movement Drum Circle at Uptown. Hopkins Shuttle Leaves at 2:30pm and will return at 4pm. 4:00 Oil Painting Social	26 10:00 Clubhouse Planning 11:00 Young Adult Committee 1:00 Week at a Close 3:00 Social Rec	27 Saturday 9:30a NAMI Walk MN at Minnehaha Falls- Leaving from Uptown 28 Sunday 1:00 Lunch Bunch w/ Randy
29 Clubhouse Closed for Staff Training	30 10:00 Development Mtg 1:30-3 History Theatre	October 1 10:00 CAV Meeting 1:00 House Meeting 2:00 Baking Club	October 2 9:30 New Member Orientation 11:00 TE Development 1:00 Menu Planning 3:00 Group Movement 4:00 Star Wars Social	October 3 10:00 Clubhouse Planning 11:00 Young Adult Committee 1:00 Week at a Close 3:00 Social Rec	October 4 9:00 Walk/Run Club @ Uptown Hopkins Clubhouse Open 11p-2p October 5 Sunday 1:00 Lunch Bunch w/ Randy



Zoom: Hybrid Meetings in **The Meeting ID's** are:

Uptown Zoom (Red) - 878 196 3865
 Hopkins Zoom (Blue) - 453 031 2513
 or Call in only 888-788-0099, then 878 196 3865

^Black - In Person Only

***Sat: Week of Outing Sign up - Front Desk**

Uptown Clubhouse

1412 W 36th St.,
Mpls MN 55408

Hopkins Clubhouse

15 - 9th Ave. S.,
Hopkins, MN 55343

Ramsey Clubhouse

285 Dale St N
St Paul MN 55103

Phone: 952-297-8900 Phone: 952-297-8908 Phone: 952-297-8923

September 2025 Daily Schedule

Open M-F 8:30-4:30p

Thursdays open til 6:30p

NEED HELP FINDING RESOURCES?!

Clubhouse Members can come to the Resource Room at the Clubhouse Monday-Friday from 2-3p to get help with employment, education, housing, food support, paperwork, etc with help from Staff and other Members!

Weekend Programming

***Sign up: Week of the Saturday Outing at Front Desk**

Run/Walk Club @ Uptown every Saturday 9:00 AM
Lunch Bunch with Randy over Zoom every Sunday at 1:00

September 6th:Hopkins Outing
September 13th:Uptown Open 11-2
September 20th:Uptown Outing
September 27th:NAMI Walk
October 4th:Hopkins Open 11-2

STAFF PHONE NUMBERS

Chad 952-529-1403
Samantha 952-406-9284
Daithi 952-529-1100
Nikki 952-300-5378
Autumn 651-418-6755
Kim 651-418-5482

9:00a Morning Meeting

9:15a Department Meetings

9:30a-12:00p Clubhouse Work Ordered Day

12:00p Lunch \$2

1:00p Afternoon Meeting

1:30 (M,T,Th,F) and 2p on Wed Department Meetings

1:30p Clubhouse Work Ordered Day

4:00p Thurs & 3:00p Fri. > Social Rec Activity

5:00p Thursday Dinner \$2

Meeting Glossary

Week at a Glance- Shared meeting between clubhouses to go over events happening this week.

Week at a Close- Shared meeting between clubhouses that reviews events from this week and sets goals for next week.

DMM- Decision Making Meeting.

CAV- Counsel, Ambassador, Volunteer.

Enrollment Committee- Meeting to discuss the enrollment of new members

Clubhouse Planning- Meeting to plan upcoming events and the calendar

TE Development- Meeting to discuss our current TE positions and work on securing new ones

Development Meeting/Work Group- Meeting to discuss and plan for upcoming events with the agency



Meals

In August we will be trying out making a menu on a weekly basis. Join us Thursdays starting July 31st and we will plan the menu for the following week. The menu will be posted at the front desk and will also be shared in the email blast and on Facebook, you could also call the front desk to ask about the menu.

MEALS \$2

LUNCH M-F AT NOON

DINNER THURSDAYS AT 5PM

