Staff Numbers

Chad: 952-529-1403
Eric: 952-529-0967
Cai: 763-406-6419
Belle: 612-434-3079
Alli: 612-434-3590

*Zoom Info for AM/PM & Virtual Meetings**

RamCo Meeting ID: 485 388 0508

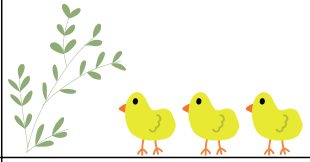
Combined Zoom ID: 878 196 3865
(using free app)

Call in only 888-788-0099, *then* 878 196 3865

9:00a Morning Meeting
9:30a-12:00p-Department Planning/Training
12:00p Lunch
12:30p Daily Wellness Break
1:00p Afternoon Meeting
1:30p-4:00p-Department Planning/Training

Ramsey Clubhouse
285 Dale St N
St Paul MN 55103
Phone: 952-297-8923

LUNCH M, T, W, TH, & F AT NOON **PLEASE CALL 952.297.8923 BY 11:30AM IF YOU WILL BE EATING LUNCH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
KEY: ***BOLD RED - combined zoom room** Regular Red - RamCo's specific zoom room				**1** TE Development Meeting - 11 **Beef Stroganoff with Alli Z** **Week at a Close* 1:00** Clubhouse Creatives: Surprise Art with Shanna 2 **CLUBHOUSE GIVING DAY**	**2** Saturday **3** Sunday **Lunch Bunch w/ Jonathan 1:00***
4 **Blue Plate Special for Lunch** **Week at a Glance 1:00*** Planning Meeting: Meals 2:00 Get IT done 3:00	**5** **Development Meeting* 10-11** **BLT Sandwiches with Mel** **Neighborhood House Food Pickup - Leaving at 12:30** Midday Movement: Qi Gong 2:30	**6** Clubhouse Coalition 9:00-10:30 **Burrito Bowls with Ryland** **Combined DMM 1:00** Cribbage & Games: 2-4	**7** Resource hour: Reachout Calls Training 10:00 **Jerk Chicken Bowls with Shanna** Writing Group with Nishi 2:00 LGBTQ/BiPOC group 3:30 **Movie Social with Alli² 4-6:30pm**	**8** TE Development Meeting 11 **Lemon Orzo Pasta with Julianne** **Week at a Close* 1:00** Clubhouse Creatives: Pictionary 2:00	**9** Saturday Walk/Run Club at Uptown 9am **10** Sunday **Lunch Bunch w/ Jonathan 1:00***
11 **Blue Plate Special for Lunch** **Week at a Glance 1:00*** Planning Meeting: Event Prep 2:00 Get IT done 3:00	**12** **Development Meeting* 10-11** **Pancake Brunch with Mel** Mindful Self-Care: Coloring 2:30 Book Club 3:00	**13** **CAV 10:00*** **Chicken Caesar Salad with RJ** DMM: Food and Cleanliness 1 Tabling at the Loons soccer game in the Evening 5:30 (signup and more info coming soon!)	**14** Resource hour: How to Search for a Job 101 10:00 **Beef Stroganoff with Ly** Twins game 12:40 Writing Group with Nishi 2:00 LGBTQ/BiPOC group 3:30	**15** TE Development Meeting 11 **Gyros with Eric** **Week at a Close* 1:00** Dole Whip Social 2:30	**16** Saturday Walk/Run Club at Uptown 9am **17** Sunday **Lunch Bunch w/ Jonathan 1:00***
18 **Blue Plate Special for Lunch** **Week at a Glance 1:00*** Planning Meeting: Evenings 2:00 Get IT done 3:00	**19** **Development Meeting* 10-11** **Orzo Pasta** Midday Movement: Dance Break with Belle 2:30	**20** **Neighborhood House Food Pickup - Leaving at 9:30** Clubhouse Philosophy 10:00 **Turkey & Swiss Sandwiches with Chris K** **Clubhouse Retreats 1:00**	**21** Resource hour: Public Transportation 101 10:00 **Rice Bowl with Antoine** Writing Group with Nishi 2:00 LGBTQ/BiPOC group 3:30 **80s party with Mel and Eric 4-6:30pm**	**22** TE Development Meeting 11 **Fajitas with Ryland** **Week at a Close* 1:00** **Cleaning Party 3:00** Finalize Calendar/Newsletter	**23** Saturday Walk/Run Club at Uptown 9am **24** Sunday **Lunch Bunch w/ Jonathan 1:00***
25 **Memorial Day - Open with Cai from 10-2pm**	**26** **Development Meeting 10-11*** Exploring Rondo: TBD 11 **Blue Plate Special for Lunch** Mindful Self-Care: Guided Meditation with Alli Z 2:30 Calendar and Newsletter Mailing Day	**27** **CAV 10:00** **Buddha Bowls** Housing Q&A with Tyler 1:00 Reachout Cards 2:00	**28** Resource Hour: Summer Maxxing 10:00 **Bagel Sandwiches** Writing Group with Nishi 2:00 LGBTQ/BiPOC group 3:30 **DIVA NIGHT WITH BELLE & KETURAH 4:30-6:30**	**29** TE Development Meeting 11 **Strawberry Chicken Salad** **Week at a Close* 1:00** May Birthday Party & Movie Social 2:30	**30** Saturday Walk/Run Club at Uptown 9am Ramco open with Belle 10-2pm **31** Sunday **Lunch Bunch w/ Jonathan 1:00***