

Staff Numbers

Chad: 952-529-1403
Eric: 952-529-0967 Samantha:
952-406-9284
Sarah: 612-434-3601
Cai: 763-406-6419
Belle: 612-434-3079
Alli: 612-434-3590

Zoom Info for AM/PM & Virtual Meetings*

RamCo Meeting ID: 485 388 0508

Combined Zoom ID: 878 196 3865
(using free app)

Call in only 888-788-0099, then 878 196 3865






SEPTEMBER 2025 RAMSEY CO. CALENDAR

9:00a Morning Meeting
9:30a-12:00p-Department
Planning/Training
12:00p Lunch
12:30p Daily Wellness Break
1:00p Afternoon Meeting
1:30p-4:00p-Department
Planning/Training

Ramsey Clubhouse
285 Dale St N
St Paul MN 55103
Phone: 952-297-8923

LUNCH M, T, W, TH, & F AT NOON

PLEASE CALL 952.297.8923 BY 11:30AM IF YOU WILL BE EATING LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
1  LABOR DAY Clubhouse is open 10-2pm with Belle!	2 Development Meeting* 10:00-11:00 Cajun Chicken Sloppy Joes with Shanna  Midday Movement 2:00 Middle Adult Group 2:30 TE Development meeting* 3:30	3 CAV Meeting* 10:00 Brunch with Ben Combined DMM 1:00pm* Cribbage and Games 2-4	4 Tech Support Drop-In 10-12 Swedish Meatballs with Ben & Alli Z  History Theatre 1:30-3pm LGBTQ/BiPOC support group 3:15-4	5 BLTs with Antoine Week at a Close Meeting* 1:00  Clubhouse Creatives: Improv Social with Nishi 2pm	6 <u>Saturday</u> . Hopkins outing TBD 7 <u>Sunday</u> . 1:00 Lunch Bunch w/ Randy (zoom)
8 <i>Neighborhood House Food Pickup - Leaving at 9:30 (Sign-up by previous Friday)</i> BLUE PLATE SPECIAL FOR LUNCH Week at a Glance Meeting* 1:00 Planning Meeting 2:00	9 Development Meeting* 10:00-11:00 Quesadillas with RJ Mindful Self-care: Ted Talk Tuesday with Ben 2:00 TE Development meeting* 3:30	10 Clubhouse Philosophy 10:00 Mediterranean Chicken Bowls with Antoine and Cai RamCo DMM 1:00pm* YouTube Karaoke Social with Ben 3:00	11 Education Support 10-12 Grill out with Ben  History Theatre 1:30-3pm LGBTQ/BiPOC support group 3:15-4	12 Pad Thai with Shanna Week at a Close Meeting* 1:00  Clubhouse Creatives with Stephanie at 2pm	13 <u>Saturday</u> . RamCo outing/tabling at Selby Jazz Fest - details TBD 14 <u>Sunday</u> . 1:00 Lunch Bunch w/ Randy (zoom)
15 <i>Neighborhood House Food Pickup - Leaving at 9:30 (Sign-up by previous Friday)</i> BLUE PLATE SPECIAL FOR LUNCH Week at a Glance Meeting* 1:00 Planning Meeting 2:00	16 Development Meeting* 10:00-11:00 Cupboard Cleanout with Alli  Midday Movement 2:00 Middle Adult Group 2:30 TE Development meeting* 3:30	17 CAV Meeting* 10:00 Inter-Club Connection 11:00 Korean BBQ Bowls with Antoine RamCo DMM 1:00pm* Book Club 2:00	18 Employment support: Resume workshop 10-12 Fufu with Star  History Theatre 1:30-3pm LGBTQ/BiPOC support group 3:15-4	19 Chicken Wild Rice Soup with Chris J Week at a Close Meeting* 1:00 Cribbage and Games 2-4	20 <u>Saturday</u> . 10:30 Uptown Outing TBD 21 <u>Sunday</u> . 1:00 Lunch Bunch w/ Randy (zoom)
22 <i>Neighborhood House Food Pickup - Leaving at 9:30 (Sign-up by previous Friday)</i> BLUE PLATE SPECIAL FOR LUNCH Week at a Glance Meeting* 1:00 Planning Meeting 2:00 Finalize Calendar/Newsletter format	23 Development Meeting* 10:00-11:00 Vegan Creation with Seabass Mindful Self-care: Yogic Breathing with Nishi 2:00 TE Development meeting* 3:30	24 Clubhouse Philosophy 10:00 Chili with Cleo RamCo DMM 1:00pm* Young Adult Group 2-3 Rondo Library 2-4	25 Budgeting and Finance Tips with Ben 10-12 Jerk Chicken with Antoine and Alli  History Theatre 1:30-3pm LGBTQ/BiPOC support group 3:15-4	26 Community Bowls with Belle Week at a Close Meeting* 1:00 Calendar and Newsletter Mailing Day  Clubhouse Creatives: Collaging with Rachel at 2pm September Birthday  Party at 3:00	27 <u>Saturday</u> . RamCo Outing to NAMI Walk- details TBD 28 <u>Sunday</u> . 1:00 Lunch Bunch w/ Randy (zoom)
29 Clubhouse closed for staff development day	30 Development Meeting* 10:00-11:00 Spaghetti with Cleo Midday Movement 2:00 Middle Adult Group 2:30 TE Development meeting* 3:30 Open until 6:30pm for a Taylor Swift social with Belle				*BOLD RED - combined zoom room Regular Red - RamCo specific zoom room