

**Clubhouse Hours**  
**M-F 8:30-4:30p**  
**Mon and Wed open til 6:30PM**  
**Weekend: Zoom Socials/Outings**



# Uptown Clubhouse ~ May 2026



**Daily Meetings:**  
**AM 9:30 Morning Meeting**  
**PM 1:00 Afternoon Meeting**  
 Dept. meetings after AM & PM mtgs

MONDAY OPEN TIL 6:30PM	TUESDAY	WEDNESDAY OPEN TIL 6:30PM	THURSDAY	FRIDAY	SAT & SUN
				<b>1</b> 1:00 Week at a Close 4:00 Outing to Car Show	<b>2</b> Saturday 9:00 Walk/Run club <b>3</b> Sunday 1:00 Lunch Bunch w/ Jonathan (Zoom only)
<b>4</b> 11:00 Clubhouse Philosophy 1:00 Week at a Glance 2:00 Macalester Tour w/ Tom N 2:00 Clubhouse Planning 4:00PM Blade Runner Viewing w/ Alexi	<b>5</b> 10:00 Development Mtg 2:30 Snack Bar Baking	<b>6</b> 11:15 Meditation w/ Frank (MLE) 11:30 Visit from Councilmember Chughtai 1:00 DMM 2:00 Resume Workshop 4:00 Nintendo Switch Social w/ Sebastian	<b>7</b> 11:00 TE Development 2:00 Writing Group w/ Nishi 3:00 Education Meeting	<b>8</b> Yard Clean Up Day!  1:00 Week at a Close 3:30 Diamond Art w/ Wendy (MLE)	<b>9</b> Saturday 9:00 Walk/Run club <b>10</b> Sunday 1:00 Lunch Bunch w/ Jonathan (Zoom Only)
<b>11</b> 11:00 Clubhouse Philosophy 1:00 Week at a Glance 2:00 Clubhouse Planning 4:00 Horror Movie Club: Frankenstein's Army w/ AJ	<b>12</b> 10:00 Development Mtg 2:00 Resume Workshop w/ Fern 2:30 Snack Bar Baking	<b>13</b> 10:00 CAV Meeting 11:15 Meditation w/ Frank (MLE) 1:00 DMM 4:00 Book Club Kick-Off	<b>14</b> 11:00 TE Development 11:15 Twins Game Outing 2:00 Writing Group w/ Nishi 3:30 Health Wisdom: Simple Nutrition Part 1	<b>15</b> Garden Planting Day!  1:00 Week at a Close 3:15 Drum Circle	<b>16</b> Saturday 9:00 Walk/Run club <b>17</b> Sunday 1:00 Lunch Bunch w/ Jonathan (Zoom Only)
<b>18</b> 11:00 Clubhouse Philosophy 1:00 Week at a Glance 2:00 Clubhouse Planning 4:00 Horror Movie Club: VHS 2 w/ AJ	<b>19</b> 10:00 Development Mtg 2:30 Snack Bar Baking	<b>20</b> 11:15 Meditation w/ Frank (MLE) 1:00 DMM 4:00 Spirituality Circle w/ Jonathan and Shelley	<b>21</b> 11:00 TE Development 2:00 Writing Group w/ Nishi 3:00 Education Meeting	<b>22</b> 1:00 Week at a Close 3:30 Open Art Hour w/ Thia	<b>23</b> Saturday 9:00 Walk/Run club <b>24</b> Sunday 1:00 Lunch Bunch w/ Jonathan (Zoom Only)
<b>25</b> <b>MEMORIAL DAY</b> Open 10-2	<b>26</b> 10:00 Development Mtg 2:30 Snack Bar Baking	<b>27</b> 10:00 CAV Meeting 11:15 Meditation w/ Frank (MLE) 1:00 DMM 2:00 Creative Journal Meeting of the Minds 4:00 Birthday Social w/ Jude	<b>28</b> 11:00 TE Development 2:00 Writing Group w/ Nishi 3:30 Health Wisdom: Simple Nutrition Part 2	<b>29</b> 1:00 Week at a Close 3:30 Shootin' Hoops	<b>30</b> Saturday 9:00 Walk/Run club 10:30 Picnic at Taylor's Falls <b>31</b> Sunday 1:00 Lunch Bunch w/ Jonathan (Zoom Only)



Hybrid Meetings in Zoom **Uptown Zoom (Red) Meeting ID**  
**878 196 3865**

Or call in only 888-788-0099, then 878 196 3865

**\*Black - In Person Only** **\*Sat: Week of Outing Sign up - Front Desk**

**Uptown Clubhouse**1412 W 36th St.,  
Mpls MN 55408**Phone: 952-297-8900****Hopkins Clubhouse**15 9th Ave. S.,  
Hopkins, MN 55343**Phone: 952-297-8908****Ramsey Clubhouse**285 Dale St N  
St Paul MN 55103**Phone: 952-297-8923**

**May 2026 Daily Schedule**  
**Open M-F 8:30-4:30p**  
**Mondays open til 6:30p**  
**Wednesdays open til 6:30p**

**9:30a Morning Meeting****9:45a** Department Meetings**10:00a-12:00p** Clubhouse Work Ordered Day**12:00p** Lunch \$2**1:00p Afternoon Meeting****1:30 (M,T,Th,F) and 2p on Wed** Department Meetings**1:30p** Clubhouse Work Ordered Day-----  
**4:00p Weds & 4:00 PM Mon** > Social Rec Activity**5:00p Monday & Wednesday** Dinner \$2**Meeting Glossary**Week at a Glance- Shared meeting between clubhouses to go over events happening this week.Week at a Close- Shared meeting between clubhouses that reviews events from this week and sets goals for next week.DMM- Decision Making Meeting.CAV- Counsel, Ambassador, Volunteer.Clubhouse Planning- Meeting to plan upcoming events and the calendarTE Development- Meeting to discuss our current TE positions and work on securing new onesDevelopment Meeting/Work Group- Meeting to discuss and plan for upcoming events with the agencyMLE- Member Led Education series**\*Outings & Weekend Programming\***

Sign-Up at Front Desk Week of Outing

Friday, May 1<sup>st</sup>: Outing to Sebastian's car show at Hennepin Tech. Leave from the clubhouse at 4:00PMMonday May 4<sup>th</sup>: Outing w/ Tom N for a tour of Macalaster College leaving at 2:00PMThursday May 14<sup>th</sup>: Outing to Twins Game---limited spots, there will be a lottery to determine attendeesSaturday May 30<sup>th</sup>: Picnic Outing to Taylor's Falls w/ CJ leaving 10:30ASaturday May 30<sup>th</sup>: Ramco Open 10-2**STAFF PHONE NUMBERS**

Sarah: (612) 434-3601

CJ: (952) 212-8027

Elaine: (612) 760-3147

Mindy: (651) 418-5692

Rebecca: (612) 968-9445

Chad: (952) 529-1403

**May Lunch Menu****LUNCH M-F AT NOON****MEALS \$2****DINNER MON AND WED AT 5PM**

ONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Blue Plate
4 Grilled Cheese, Kale Chips & Tomato Soup w/ Tom N	5 Cinco de Mayo w/ Jonathan D	6 Greek Fusion	7 Chickpea Curry w/ Elaine	8 Blue Plate
11 Enchiladas w/ Karinne	12 Tilapia & Chips w/ Patrick	13 Italian Fusion w/ Jonathan D	14 Brats and Potato Salad	15 Blue Plate
18 Buffalo Chicken and Fries w/ RJ	19 Tuna Casserole & Salad w/ Wynne	20 Canadian Fusion	21 BLT's and Fruit	22 Blue Plate
25 Memorial Day	26 Chicken Pasta Salad and Bread w/ Jane	27 Swedish Fusion	28 Nachos w/Karinne	29 Blue Plate