

# Behind the Veil



VAIL COMMUNITIES  
CULTIVATING HOPE FOR MENTAL HEALTH & WELLBEING

December 2025

## Happy Holidays!

As we close the final chapter of another year, our hearts are full of gratitude for each of you. Your support, generosity, and unwavering kindness have carried Vail Communities through a year marked by both growth and challenge. Throughout 2025, we expanded our reach and broadened our services, even as we navigated difficult and unexpected turns. Yet, because of your belief in our mission, we remained steady, resilient in spirit, hopeful in purpose, and committed to providing essential and life-saving services. We simply could not do this work without YOU.

Thank you, truly, for being a part of the Vail Communities community, and for standing with us, year after year.

## Give to the Max 2025

WOW! We are blown away by the generosity and support for Give to the Max Day! Because of you, we raised **over \$29,000!** Every dollar given goes directly towards the wellbeing of our clients, Clubhouse Members, and community. From the bottom of our hearts, thank you for your generosity and for choosing Vail Communities to support this year. Your gift helps make mental health recovery possible for so many, and it will continue to sustain our mission and life-saving work.



## Vail Communities Welcomes Ashley Trepp!



We are pleased to announce the appointment of Ashley Trepp as Vail's next President & Executive Director, effective December 1<sup>st</sup>! Ashley is a licensed clinical social worker and seasoned nonprofit executive with more than two decades of experience in community mental health, housing, and recovery services. She previously served as Executive Director of Watercourse Counseling Center, where she led a period of growth and stabilization, expanding school-based services, strengthening financial sustainability, and deepening a culture of inclusion and transparency.

"I've admired Vail Communities for years for its unwavering belief in the power of community," Trepp says. "The Clubhouse Model reminds us that recovery is not something people do alone--it's built through purpose, connection, and belonging. I'm honored to join the team and help continue this vital work." Welcome, Ashley!

## Winter Clothing Drive: Donations Needed!

As the temperatures continue to drop, our Clubhouses are accepting donations of warm winter clothes (coats, hats, mittens, scarves, etc.) to support our Clubhouse Members during the cold winter months! You can drop off these donations at any of our Clubhouses. Thank you in advance!

Hopkins Clubhouse:  
15 9<sup>th</sup> Ave. S., Hopkins, MN 55343

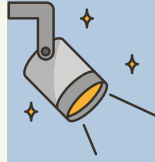


Uptown Clubhouse:  
1412 W. 36<sup>th</sup> St., Minneapolis, MN 55408



RamCo Clubhouse:  
285 Dale St. N., St. Paul, MN 55103

## Clubhouse Feature: Meet Alli!



I have been a Clubhouse Member since September 2024. Being a member has increased my confidence, given me purpose, and allowed me to make lifelong friendships. I attended college at St. Cloud State University and received a master's degree at Florida Gulf Coast University, and I was a teacher for many years. I have a 16-year-old son that I see as often as possible, but he lives out of state.

The trauma I have experienced in my life has caused me to develop some issues with anxiety and depression. I lost my firstborn son, was in a very abusive relationship where I broke my spine, and I had a significant other die of an overdose. Despite many difficulties, however, I have been able to give back. I volunteer by making Christmas cards for women in recovery and use my background and talents to help other Clubhouse Members with their education through teaching art classes, helping make cards, and giving tours of the Clubhouse.

Since I am not able to work, Vail gives me the opportunity to share my compassion for others by spreading kindness and love to people in our community. The staff and members have helped me in many ways by providing guidance and support when I needed it. I honestly don't know where I would be without being a part of this vital organization for people with mental illness.

## Rapid Re-Housing Program Now Serving Families!

Our Rapid Re-Housing Program launched a new grant term on October 1<sup>st</sup>, marking an exciting shift in focus from serving primarily single adults to now supporting families in need of stable housing. Since the start of the grant, we've successfully housed **9 households, including 20 children**, and continue to expand our capacity to meet the needs of larger family units!

A key part of this progress has been building strong relationships with several new landlords who offer larger units suitable for families. Those partnerships are helping us open more doors--literally and figuratively--for parents and children seeking safety, stability, and a place to call home. We look forward to continuing this momentum throughout the two-year grant cycle!

