EMPOWERING WOMEN TO RECOVER SOBRIETY, IDENTITY, HOME, FAMILY, AND COMMUNITY BY PROVIDING TREATMENT, HOUSING AND SUPPORTIVE SERVICES.
We are pleased to report another year of recovery, new beginnings, family reunification and growth. On the eve of our 60th anniversary, we are proud of our reputation in the community for providing quality treatment for women and their families. Over the years we have stayed relevant because we have put our clients’ needs first and continually integrated their needs into our program. Wayside continues to be dedicated to empowering women to recover sobriety, identity, home and community by providing treatment, housing, and supportive services.

The year ended with Wayside providing treatment for 453 clients. We are continuing to work on quality, and in 2013 we saw a 19.3% increase in successful treatment experiences over the previous year. We invested in facility enhancements at all of our programs, and our most ambitious project, a sprinkler system at the Family Treatment Center, will allow us to significantly increase the number of families we can serve.

The Affordable Care Act continued to bring changes to the health care delivery system and to substance abuse treatment programs.

Wayside started to look at the necessary changes in 2012 and during this year began integrating a new electronic billing system. On the clinical side we introduced our outpatient co-occurring program and more deeply infused a trauma-informed approach when serving the needs of women in our housing and treatment programs.

As part of the Board of Directors’ annual strategic goal setting, a new committee was established to look at the opportunities and challenges brought on by this Act, to make sure we stay on top of the changes, and to consider ways to continue to thrive.

During December we received the resignation of Ellie Skelton, our Executive Director. During her seven year tenure, she doubled our program budget and staffing to better serve women and their families. Just a few of her many accomplishments included undertaking a major capital improvement project that rehabbed all three sites using state, county and city funding and securing Wayside’s first federal grant to transform Incarnation House into our comprehensive Family Treatment Center. She is leaving Wayside a stronger organization. Ellie worked closely with both the staff and the Board and we will miss her greatly. We look forward to hearing about her continued successes.

So we end the year on the edge of an exciting future as we prepare to celebrate our 60th anniversary, working with our new leader, Karina Forrest-Perkins, Executive Director, and navigating the waters of the new healthcare environment. I know during this time Wayside House will first and foremost put the needs of the women and families in our treatment centers and housing in the forefront to empower them to thrive in their futures, and, in so doing, our future will also thrive.

We realize that we could not continue without positive and strong community relationships. On behalf of Wayside House, we express our gratitude to you for your support of our continued efforts.

Sincerely,

Normandy Hamilton
Board President

2013 Wayside House Board of Directors

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Barb McQuillan, Treasurer
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2013 WAYSIDE HIGHLIGHTS

National Council for Behavioral Health’s Trauma-Informed Care Learning Community

In 2013, Wayside House began participating in the National Council for Behavioral Health’s Trauma-Informed Care Learning Community, in partnership with the Minnesota Department of Human Services. This learning community is a resource for agencies to set goals and make changes to improve safety and security of their physical environment, increase their ability to screen and assess for trauma, adapt trauma-informed therapeutic practices based on client feedback, and ensure that all staff have training on trauma and trauma-informed care.

For more information, please visit www.waysidehouse.org

Addition of a Wellness Coordinator

Wayside House has always valued a holistic view of health and wellness and has offered services like yoga, acupuncture, and fitness opportunities to supplement women’s recovery in our treatment programs. In December 2013, we hired a Wellness Coordinator to enhance the wellness services we offer. Dawn Dougherty Cornell is a certified group fitness instructor, yoga instructor and massage therapist. She also has experience with meditation and family wellness and has worked with women and children who have experienced domestic violence. Dawn has developed an exciting variety of exercise and relaxation groups for the women at Wayside. Offering multiple kinds of physically therapeutic services and wellness activities has been shown to be incredibly important in improving the overall health of women and children who have experienced trauma, mental illness, and chemical dependency.

Family Treatment Center Now Serving More Women…Larger Families

Wayside House received approval from Hennepin County to increase capacity from 25 to 35 at its Family Treatment Center with the stipulation that Wayside complete the required fire safety improvements to the property by 2015. Due to an overwhelming response from attendees during a Direct Giving Moment at the Wayside House Hope Gala this past fall and a significant grant from the Patrick and Aimee Butler Foundation, Wayside House was able to secure the necessary funding for the project and move forward with scheduling. Renovations are expected to start next summer.

2013 Wayside House Mission Award Winner

Each year Wayside House honors an individual or organization whose work and commitment has helped further Wayside’s mission. This year we honored one of the founding mothers of Wayside House, Fran Brownson, who graciously accepted the 2013 Wayside House Mission Award.

<< Fran Brownson (forefront) and Normandy Hamilton, granddaughter of Wayside’s founder
In 2013, Wayside House served 664; 453 women and 211 children

Populations Served in 2013

<table>
<thead>
<tr>
<th></th>
<th>Women</th>
<th>Children</th>
<th>White</th>
<th>African American/African</th>
<th>Native American</th>
<th>Multi-Racial</th>
<th>Other</th>
<th>Asian</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>453</td>
<td>211</td>
<td>384</td>
<td>140</td>
<td>62</td>
<td>51</td>
<td>18</td>
<td>9</td>
</tr>
<tr>
<td>Percent of Population Served</td>
<td>68%</td>
<td>32%</td>
<td>58%</td>
<td>21%</td>
<td>9%</td>
<td>8%</td>
<td>3%</td>
<td>1%</td>
</tr>
</tbody>
</table>

**Women’s Treatment Center**

Wayside’s Women’s Treatment Center provides residential (inpatient) and nonresidential (outpatient) substance abuse and mental health treatment, recovery maintenance, and supportive services. This program includes many gender-specific services such as trauma-informed care and spirituality to meet the mental and physical health needs of women and families. The structured co-occurring substance abuse treatment program provides adult education classes, lectures, family support, counseling, recovery coaching, employment readiness classes, exercise, and wellness to promote holistic recovery.

**Family Treatment Center**

Wayside House provides comprehensive family treatment (residential and nonresidential), recovery maintenance, and supportive services for each mother and her children. This program includes mental health and substance abuse treatment services for women, pre-school children’s early intervention services, off site, parent education, and other services that support the whole family unit while allowing women and their children to live in a safe environment.

80% of mothers reunified with their children.
WAYSIDE HOUSE
SUPPORTIVE HOUSING

With support from funders, Wayside is able to offer safe, affordable housing to clients in recovery through 20 multiple bedroom apartments located in a residential neighborhood of St. Louis Park along with four additional scattered-site apartments (located in the Twin Cities metro area). Supportive Housing residents pay 30% of their adjusted income in rent and receive individual case management and group support activities. Scattered-site housing residents are either employed or on disability and receive some rental support. They receive weekly recovery support from a recovery coach for a year.

75% of Wayside Supportive Housing clients maintained sobriety for 6 months or more.

RECOVERY SERVICES

Recovery Services helps women and families focus on recovery by assisting them with basic living needs such as securing transitional or permanent supportive housing, finding and applying for employment, and negotiating with landlords. Recovery Services also has a partnership with the St. Louis Park Adult Options in Education, which provides teachers to assist clients with adult basic education and work toward their GED when they have not yet graduated from high school. One of the services offered within the Recovery Services Program is Celebrating Families™, a successful, evidence-based 14-week curriculum that addresses the needs of children and parents in families that have serious problems with alcohol and other drugs. The curriculum engages every member of the family, ages three through adult, to foster the development of healthy, addiction-free individuals. Celebrating Families™ is listed on the federal Substance Abuse and Mental Health Services Administration (SAMHSA) National Registry of Effective Programs and Practices (NREPP).

- 91 women/families were placed in safe, supportive/sober housing
- 158 clients completed a 12 hour Employment Readiness workshop
- 85 individuals participated in Celebrating Families™ in 2013

In a recent research study conducted by Wilder Research, Wayside clients and alumnae noted that finding safe, affordable housing was one of the greatest barriers in their recovery.
CONTRIBUTORS

Thank you to the many corporations, foundations, strategic partners, individuals, volunteers and staff who have generously dedicated their time, talents and treasures in support of our mission!

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In Honor of Sally Guiliet
Cynthia Andrews
In Honor of Mary Kay Koenig
Michaelene Spence
In Honor of Natalie Kostroski
Dennis and Judy Berkowitz
In Memory of Neil Morem
Gary North

2013 Tributes

In Honor of Norma Adams
Laura Kuhn
In Honor of Five Alive
Women’s AA Group
Margaret A. Duenow
In Honor of Mary Gosssett
Jennie Gossett
In Honor of Sally Guiliet
Cynthia Andrews
In Honor of Mary Kay Koenig
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www.waysidehouse.org
The Wayside House, Inc. and subsidiary consolidated statement of financial position
December 31, 2013, with comparative totals for 2012 assets

2013 Income

<table>
<thead>
<tr>
<th>Source</th>
<th>2013 Revenue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential Treatment</td>
<td>$3,703,478</td>
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<tr>
<td>Outpatient treatment</td>
<td>$194,041</td>
</tr>
<tr>
<td>Contributions and Special Events</td>
<td>$150,530</td>
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<tr>
<td>Government Grants</td>
<td>$362,130</td>
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<tr>
<td>Corporate and Foundation Grants</td>
<td>$221,297</td>
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<tr>
<td>Program fees</td>
<td>$293,300</td>
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<td>Rent</td>
<td>$198,039</td>
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<td>Interest and other</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$5,128,219</strong></td>
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2013 Expenses by Program

<table>
<thead>
<tr>
<th>Program</th>
<th>2013 Expenses</th>
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</thead>
<tbody>
<tr>
<td>Women’s Treatment Center</td>
<td>$2,223,726</td>
</tr>
<tr>
<td>Recovery Services</td>
<td>$324,014</td>
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<tr>
<td>Supportive Housing</td>
<td>$438,947</td>
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<tr>
<td>Family Treatment Center</td>
<td>$1,309,765</td>
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<tr>
<td>Administration</td>
<td>$602,840</td>
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<tr>
<td>Development</td>
<td>$136,341</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$5,035,633</strong></td>
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</table>

The Wayside House, Inc. and subsidiary consolidated statement of financial position
December 31, 2013, with comparative totals for 2012 assets

Assets

<table>
<thead>
<tr>
<th>Item</th>
<th>2013</th>
<th>2012</th>
</tr>
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<tbody>
<tr>
<td>Current Assets</td>
<td>$2,445,110</td>
<td>$2,084,415</td>
</tr>
<tr>
<td>Property and Equipment, Net</td>
<td>$3,063,470</td>
<td>$3,224,121</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$5,508,580</strong></td>
<td><strong>$5,308,536</strong></td>
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Liabilities and Net Assets

<table>
<thead>
<tr>
<th>Item</th>
<th>2013</th>
<th>2012</th>
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<tbody>
<tr>
<td>Current liabilities</td>
<td>$275,114</td>
<td>$221,688</td>
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<tr>
<td>Long-Term Liabilities</td>
<td>$1,577,631</td>
<td>$1,567,903</td>
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<td>Net Assets</td>
<td>$3,655,835</td>
<td>$3,518,946</td>
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<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$5,508,580</strong></td>
<td><strong>$5,308,537</strong></td>
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