

Moon Days and Observances

2025 Moon Days

Rest Days in Ashtanga - No Mysore or Led Classes

Jan 13, 29 Feb 12, 27 Mar 14, 30
Apr 11, 27 May 12, 26 June 11, 25
July 10, 24 Aug 8, 24 Sept 7, 21
Oct 6, 21 Nov 5, 20 Dec 4, 19

2025 Observances

Unless it's also a Moon Day, Mysore classes still meet on all holidays,
including Thanksgiving and Christmas.

January 15 Makara Sankranti	July 4 Independence Day
Jan 20 Martin Luther King, Jr. Day	July 10 Guru Purnima
Jan 29 Chinese New Year (Snake)	August 9 Raksha Bandhan
Feb 14 Valentine's Day	August 16 Krishna Janmastami
Feb 12 Lincoln's Birthday	August 26-27 Ganesha Chaturthi
Feb 17 President's Day	September 1 Labor Day
Feb 26 Mahashivaratri (evening)	September 11 Remembrance Day
Mar 1 Ramadan Begins	Sept 19 Talk Like a Pirate Day,
Mar 5 Ash Wednesday	POW/MIA Recognition Day
March 9 Daylight Savings Time Begins	September 22 Autumn Equinox
March 17 St. Patrick's Day	September 23 Rosh Hashanah
March 20 Spring begins	October 2 Duhsehra/Vijayadashami
Mar 30 Eid al-Fitr (end of Ramadan)	October 2 Yom Kippur
April 6 Rama Navami (birthday of Rama)	October 13 Indigenous Peoples Day
April 13 Palm Sunday, Passover Begins	Oct 20 Diwali
April 12 Thunder	October 31 Halloween
April 18 Good Friday	November 2 DST Ends
April 20 Easter Sunday	November 5 Dev Diwali
April 22 Earth Day	November 11 Veterans Day
May 3 Derby	November 27 Thanksgiving Day
May 5 Cinco de Mayo	December 7 National Pearl Harbor
May 11 Mother's Day	Remembrance Day
May 26 Memorial Day	December 15 First Day of Hanukkah
June 15 Father's Day	December 21 Winter Begins
June 19 Juneteenth	December 25 Christmas Day
June 20 Summer Solstice	December 26 First Day of Kwanza
June 26 Islamic New Year	December 31 New Years Eve