

YTGS Holiday Timetable

Dec 16 - Jan 12, 2020

Day	Date	Class	Time	Teacher
Monday	16-Dec	Yoga	6 - 7:15pm	Romina
Tuesday	17-Dec	Yoga - \$15	10 - 11am	Romina
Tuesday	17-Dec	Seniors Yoga \$10	11:30 - 12:30pm	Romina
Tuesday	17-Dec	Yoga	6:30 - 7:45pm	Sarah
Wednesday	18-Dec	Yoga	6 - 7:15pm	Romina
Wednesday	18-Dec	Pilates	6:30 - 7:30pm	Shane
Thursday	19-Dec	Yoga - \$15	10 - 11am	Romina
Thursday	19-Dec	Seniors Yoga \$10	11:30 - 12:30pm	Romina
Thursday	19-Dec	Pilates	6:30 - 7:30pm	Shane
Friday	20-Dec	Yoga	6:15 - 7:45am	Sarah
Saturday	21-Dec	Yoga	8 - 9:15am	Sarah
Saturday	21-Dec	Pilates	8:30 - 9:30am	Shane
Saturday	21-Dec	Yoga	10:30 - 12pm	Nikki
Sunday	22-Dec	Yoga	9 - 10:30am	Sarah

- * The Studio will be close from December 23 & Re-open on January 6, 2020
- * Post Pud Yoga Workshop December 26 - 28, 2019
- * New Year Yoga Intensive January 2 - 5, 2020

Day	Date	Class	Time	Teacher
Tuesday	7-Jan	Yoga - \$15	10 - 11am	Sarah
Tuesday	7-Jan	Seniors Yoga \$10	11:30 - 12:30pm	Sarah
Tuesday	7-Jan	Yoga	6 - 7:30pm	Sarah
Tuesday	7-Jan	Pilates	6:30 - 7:30pm	Frederica
Thursday	9-Jan	Yoga - \$15	10 - 11am	Romina
Thursday	9-Jan	Seniors Yoga \$10	11:30 - 12:30pm	Romina
Thursday	9-Jan	Yoga	6 - 7:30pm	Romina
Thursday	9-Jan	Pilates	6:30 - 7:30pm	Shane
Friday	10-Jan	Yoga	6:15 - 7:45am	Sarah
Saturday	11-Jan	Yoga	9 - 10:30am	Sarah
Saturday	11-Jan	Pilates	8:30 - 9:30am	Shane
Sunday	12-Jan	Yoga	9 - 10:30am	Sarah

- * All classes \$24 per visit unless otherwise specified
- * Valid 10 class passes may be used
- * Yoga Workshops must be booked & paid prior to commencement