Spiralling Crow

250 hour Vinyasa Yoga Teacher Training

**APPLICATION FORM**

**We welcome your application to join the Spiralling Crow Vinyasa Teacher Training. If you have any questions about the course please feel free to email or telephone us and ask us. We feel it is important that you have all the information you need to check that this is the right Teacher Training for you. We will be able to chat more about this when we receive your application.**

**Please answer the questions below as best you can and feel free to add any other information you feel is relevant at the bottom of the page.**

**We really look forward to hearing from you.**

**Name:**

**Address:**

**Telephone number:**

**Email:**

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| WHY DO YOU PRACTISE YOGA?  |  |
| WHAT DO YOU LOVE ABOUT YOGA? |  |
| WHAT DRAWS YOU TO WANT TO DO A YOGA TEACHER TRAINING COURSE? |  |
| WHAT QUALITIES DO YOU THINK A YOGA TEACHER NEEDS? |  |
| PLEASE TELL US ABOUT YOUR YOGA PRACTICE: HOW LONG YOU HAVE BEEN PRACTISING, HOW OFTEN, WHERE DO YOU PRACTISE? |  |
| THIS TRAINING WILL ASK A LOT OF YOU IN TERMS OF TIME, ENERGY, EMOTIONS, COMMITMENT, AND FINANCIALLY TOO. ARE YOU PREPARED FOR THIS AND PREPARED TO SHOW UP TO ALL THE TRAINING DAYS/HOURS ON TIME WITHOUT EXCEPTION? |  |

**THANK YOU VERY MUCH.**

**PLEASE EMAIL YOUR COMPLETED FORM TO TRAINING@YOGAVENUE.CO.UK**